Diploma in Practice Leadership in Trauma Informed Practice

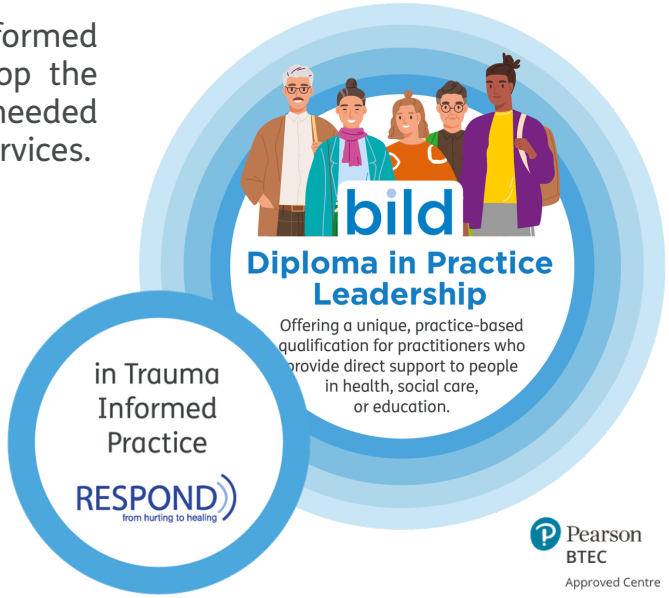
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in partnership with RESPOND from hurting to healing

Developing confident practice leaders who can create trauma informed cultures, strengthen relationships and improve quality of life

The Diploma in Practice Leadership in Trauma Informed Practice is designed for people who want to develop the knowledge, confidence and practical leadership skills needed to lead and sustain trauma informed practice in real services.

More than a qualification, this diploma supports learners to become skilled practice leaders who can coach and influence others, strengthen relational and reflective practice and help create capable and supportive environments where people can feel safe, connected and able to thrive.



Who is this qualification for?

This diploma is ideal for:

- Team leaders, deputy managers and managers.
- Trauma informed practitioners and leads.
- PBS practitioners and practice leaders.
- Professionals working in health, social care, education, in-patient settings, or secure services.
- Senior support staff moving into leadership roles.
- Operational managers and registered managers.
- Organisations wanting to strengthen trauma informed cultures and relational practice.

The diploma is particularly suited to people supporting individuals who may have experienced trauma, adversity, abuse, distress, exclusion or restrictive practices.

At a glance

> Level 5 Diploma.
> 18-month blended learning qualification.
> Online self-directed learning combined with monthly live tutorials and lectures.
> Small supported learning groups.
> Individual tutor support.
> Workplace-based assignments linked to real practice improvement.
> Members discount available.

What makes this qualification different?

Practice leadership focus

The diploma is specifically designed to develop leaders who can coach, influence and sustain trauma informed support in everyday practice and recognise how trauma can have an adverse impact on quality of life.

Workplace-based learning with real impact

All assignments are completed within the learner's own work environment, meaning learning is immediately applied to practice and linked to real improvements in support and quality of life.

Personalised tutor support

Each learner is allocated an experienced tutor with specialist expertise in trauma informed practice and practice leadership.

Small group learning

Learners study in small tutorial groups of approximately six people, allowing for meaningful discussion, peer learning and tailored support.

Live online tutorials and lunchtime lectures

The diploma combines structured monthly live tutorials with additional lunchtime lectures and CPD opportunities to deepen learning and maintain engagement.

Marked assessment questions and ongoing feedback

Learners receive regular feedback and support throughout the diploma to build confidence and support successful completion.

Learning informed by lived experience

The diploma places strong emphasis on relational working, coproduction and learning alongside people with lived experience to influence change.

Core areas of learning

Learners develop the knowledge and skills needed to:

- Understand the impact of trauma, adversity and distress.
- Develop trauma informed cultures and capable environments.
- Strengthen relational and reflective practice.
- Support psychological safety, wellbeing and recovery.
- Reduce restrictive practices and re-traumatisation.
- Work collaboratively with people with lived experience.
- Strengthen practice leadership within teams.
- Improve quality of life outcomes.
- Support staff wellbeing and reflective supervision.
- Coach and support others to deliver compassionate, trauma informed support consistently.

Benefits for organisations

Organisations benefit from developing leaders who can:

- Embed trauma informed approaches into everyday support.
- Strengthen relational and psychologically safe cultures.
- Improve consistency and quality of practice.
- Reduce distress and restrictive practices.
- Build more reflective and compassionate teams.
- Improve staff confidence and wellbeing.
- Strengthen practice leadership capacity.
- Improve outcomes and quality of life.
- Support long term culture change.

Flexible progression pathways

The three core units are shared across the wider Practice Leadership Diploma framework, making it easier for learners to extend their qualification into additional specialist areas including:

- Positive Behaviour Support.
- Supporting Good Health and Wellbeing.
- Reducing Restrictive Practices.
- HOPES Model to Reduce Long Term Segregation.

This creates flexible progression opportunities for both individuals and organisations.

Entry requirements

Learners should:

- Be working directly in services.
- Be in a position to influence or lead practice within teams.
- Have English skills equivalent to Level 2.
- Have access to a workplace where practice developments can be implemented.

Interested in finding out more?

> Contact Bild for:
> Course dates.
> Fees and funding information.
> Delivery options.
> Application details.

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