Diploma in Practice Leadership in Supporting Good Health and Wellbeing

Developing confident practice leaders who can improve health outcomes, reduce inequalities and support people to live healthier lives

The Diploma in Practice Leadership in Supporting Good Health and Wellbeing is designed for people who want to strengthen health and wellbeing support within services and improve outcomes for people with learning disabilities and autistic people.

The diploma combines practice leadership with evidence-informed approaches to health facilitation, wellbeing and service improvement. Learners develop the knowledge and confidence needed to recognise health concerns, support access to healthcare, promote healthy lifestyles and lead proactive, person centred health support across services.



Who is this qualification for?

This diploma is ideal for:

- Practice leaders, team leaders and managers.
- Health facilitators and wellbeing leads.
- PBS practitioners and social care professionals.
- Staff supporting people with learning disabilities and autistic people.
- Services wanting to strengthen health outcomes and reduce inequalities.
- Professionals working in health, social care, education or supported living services.

The qualification is particularly relevant for people who can influence the quality of support within teams and services and help embed proactive approaches to health and wellbeing.

At a glance

- Level 5 Diploma.
- 18-month blended learning qualification.
- Online self-directed learning combined with monthly live tutorials and lectures.
- Small supported learning groups.
- Individual tutor support.
- Workplace-based assignments linked to real practice improvement.
- Members discount available.

What makes this qualification different?

Strong focus on reducing health inequalities

The diploma explores the significant health inequalities experienced by people with learning disabilities, including barriers to healthcare, premature mortality and avoidable deaths. Learners develop practical approaches to improving access, advocacy and preventative support.

Leadership with practical application

Assignments are completed within the learner's own workplace, supporting immediate improvements in practice, systems and service delivery.

Person centred and rights-based approach

The diploma promotes person centred, strengths-based and collaborative approaches to supporting good health and wellbeing across the lifespan.

Focus on proactive and preventative support

Learners develop the skills needed to recognise signs of deterioration, support healthy lifestyles, coordinate care effectively and respond early to health concerns.

Real world service improvement

The diploma focuses not only on individual support, but also on leading wider service improvement, including: health facilitation; reasonable adjustments; medication monitoring; hospital support;healthy ageing; and end of life planning.

Personalised support

Learners benefit from experienced tutors, small learning groups, monthly live tutorials and ongoing feedback throughout the diploma.

Core areas of learning

Learners develop the knowledge and skills needed to:

- Understand health inequalities and barriers to healthcare.
- Promote healthy lifestyles and wellbeing.
- Support effective healthcare access and reasonable adjustments.
- Recognise signs of deterioration and urgent health concerns.
- Support people during hospital admissions and appointments.
- Understand long term conditions and medication management.
- Lead proactive health planning across services.
- Support healthy ageing and life transitions.
- Improve multidisciplinary working and care coordination.
- Lead service improvement and workforce development.

Benefits for organisations

Organisations benefit from developing leaders who can:

- Improve health and wellbeing outcomes.
- Reduce health inequalities.
- Strengthen person centred healthcare support.
- Improve access to healthcare services.
- Support earlier recognition of health concerns.
- Strengthen multidisciplinary working.
- Improve staff confidence and competence.
- Develop proactive and preventative support approaches.
- Lead sustainable service improvement.

Flexible progression pathways

The three core units are shared across the wider Practice Leadership Diploma framework, making it easier for learners to extend their qualification into additional specialist areas including:

- Positive Behaviour Support.
- Trauma Informed Practice.
- Reducing Restrictive Practices.
- HOPES Model to Reduce Long Term Segregation.

This creates flexible progression opportunities for both individuals and organisations.

Entry requirements

Learners should:

- Have English skills equivalent to Level 2.
- Hold a relevant Level 3 qualification or equivalent experience.
- Be working within health, social care, education or secure services.

Interested in finding out more?

Contact Bild for:

> Course dates.
> Fees and funding information.
> Delivery options.
> Application details.

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