

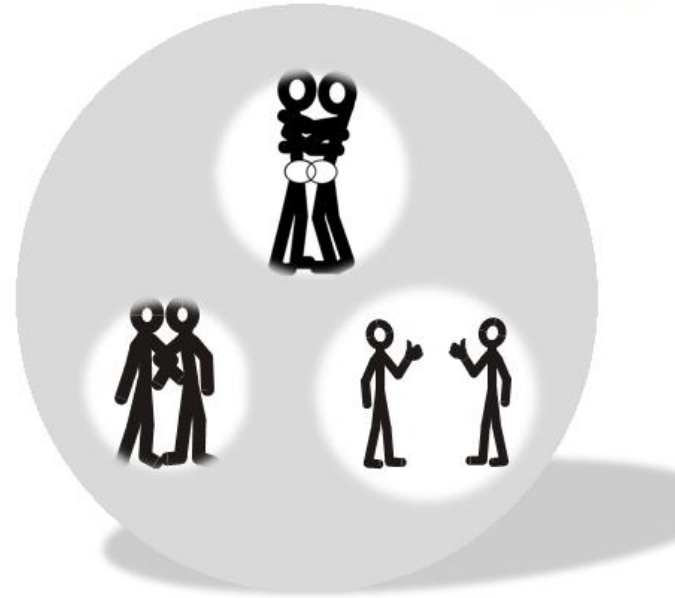


# The Nottinghamshire Healthcare NHS Trust Sex and Relationships Education Booklet

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Team.

2<sup>nd</sup> March 2026





# Sex and Relationships

 Making a  
**Difference**  
Trust **Honesty** **Respect** **Compassion** **Teamwork**





# Introduction:

- sexuality and sexual orientation are important parts of who we are.





# Background to the project

CHIEF NURSING OFFICER'S  
**LEARNING DISABILITY NURSING**  
Enhanced Continuing Professional Development Scheme



COMMUNITY, FORENSIC  
AND INTENSIVE SUPPORT



talking sense about sex



Making a  
**Difference**

Trust Honesty Respect Compassion Teamwork





# Why? Research Findings in SRE





# Why? The Law





# Future work



- Quality improvement



# References

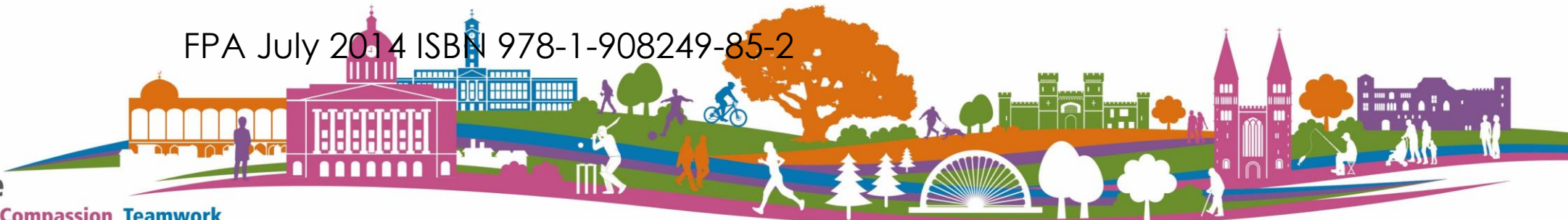
*'Many people with IDD did not know their rights around sex and relationships'  
(McCarthy et al, Tizard centre and NDTi, 2019)*

*Due to their disabilities they may have an increased risk of acquiring STI's,  
unplanned pregnancy and sexualised abuse. (Lane, Cambridge, and Murphy  
2019)*

*Sexuality education can mitigate these risks by empowering people with  
disabilities and bolstering their ability to seek support ( McDaniel's and  
Fleming 2016)*

Information from **Love, Sex & Relationships** © has been adapted to  
make this an easy-read document.

FPA July 2014 ISBN 978-1-908249-85-2



# Thank you

