

Developing a Symptoms and Functional Impairment Rating Scale for ADHD in people with Intellectual Disability (SFIRS-ADHD-ID)

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Assessing ADHD in people with Intellectual Disability: a gap in current practice

- ADHD is common in people with intellectual disability
 - Prevalence estimates ~20%
- Diagnosis is based on DSM-5 / ICD-11 criteria developed in non-ID populations
- In people with ID:
 - ADHD symptoms often present differently
 - Functional impairment is central to clinical presentation but poorly characterised

As a result:

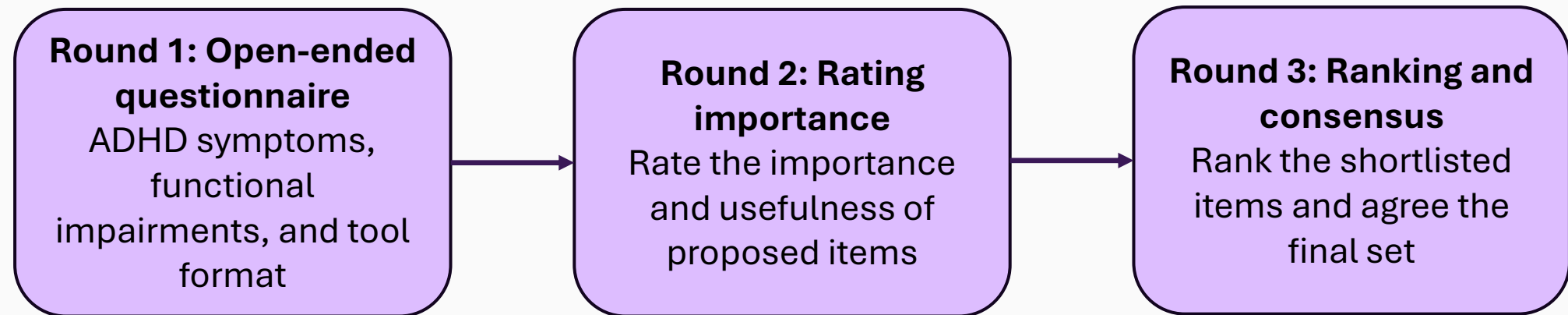
- There is a missed or delayed diagnosis
- Practice varies between services

What is the study?

- Aim: to develop a scale using a Delphi consensus methodology
- For ADHD symptoms and functional impairment
- Specifically for people with intellectual disability
- Developed through a multi-round expert Delphi process
- Co-developed with:
 - Clinicians
 - People with ID
 - Carers
- Developed using structured expert consensus to be:
 - Practical
 - Usable in real clinical settings



What are we asking from you?



- Each round: online survey estimated \approx 15 minutes
- To be completed independently
- Feedback between each round

How you can help shape this study

We are looking to recruit a range of different panels across:

- Psychologists
- LD Nurses
- Occupational therapists
- Behaviour specialists
- Intellectual disability physicians
- Paediatricians
- Other allied health professionals

We are also keen to involve lived-experience partners, including:

- Adults with learning disability and ADHD
- Parents or supporters/carers of people with ADHD and LD
- Family members, e.g. siblings supporting someone with ADHD and LD

Key requirement: Experience in diagnosing, supporting, or treating ADHD in people with intellectual disability

How you can help

- If you know colleagues, lived-experience partners, or relevant professional or regional groups who may wish to contribute
- We would welcome introductions or suggestions of networks we could approach

In the chat, or by email

Contact:

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Thank you
Any questions?

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