

Capable environments are environments in which people can thrive



People have their needs met and have access to positive interactions and opportunities to do things that are important to them



01
Positive social interactions

12
An effective organisational context

02
Support for communication

11
Effective management and support

03
Support for participation in meaningful activity

10
Mindful and skilled carers

04
Consistent and predictable personalised routines and activities



Capable environments

09
A good physical environment

05
Support to establish and maintain relationships with family and friends

08
Personal care and health support

06
Opportunities for choice

07
Encouragement of more independent functioning

Capable environments are those environments in which behaviours of concern are less likely to occur



People are able to enjoy a good quality of life



An evidence based approach
McGill et al (2020)
Capable Environments
Tizard Learning
Disability
Review