

MEDIA RELEASE

For immediate release (08.03.22)

Bild charity responds to release of UK PBS State of the Nation report

Bild (the British Institute of Learning Disabilities) has today (08.03.22) welcomed an **updated definition of Positive Behaviour Support (PBS)** in the UK, published open access in a special issue of the [*International Journal of Positive Behaviour Support \(IJPBS¹\)*](#).

The paper entitled **Positive Behavioural Support in the UK: A State of the Nation Report** reflects on key issues and PBS developments that have arisen since 2013, providing further clarity around the current evidence base and an initial logic model to guide future research and PBS practice in the UK.

Bild welcomes the inclusion of a tiered model of PBS within this definition with an emphasis on improving quality of life by creating capable environments² because we recognise the need to work on prevention.

Continued rejection of aversive, restrictive and abusive practices (those that stop people from doing what they want to do or making them do something) within the updated PBS definition is also very welcome. In addition, the updated definition reflects the recent good practice advances across a range of disciplines, including a recognition of trauma informed approaches³.

¹ The *International Journal of Positive Behaviour Support (IJPBS)* is a peer-reviewed journal, published by Bild, as part of its commitment to define and promote good practice in relation to the use of PBS, add to the evidence based regarding such interventions and to bridge the gap between academic research and service practice.

² Capable environments is an evidence-based approach described by Professor Peter McGill. Capable environments provide the best settings to support people to have positive interactions and opportunities to do things that are important to them and enjoy a good quality of life. This reduces behaviours of concern by meeting people's needs in better ways.

³ Trauma informed approaches acknowledge the impact of trauma and seek to fully understand people's past and present situations and actively avoid re-traumatisation e.g. by avoiding or reducing the use of restraint as an example

Professor Edwin Jones, Strategic Lead for PBS at Bild said: “*At Bild, we believe that PBS should be ever evolving, developing and embracing new practices that improve people’s quality of life.*”

“We will work with authors, partners and people with lived experience to develop accessible resources and information. Accessible formats empower people and their families to be fully included in PBS to help us all continue to develop good practice by working together and to eradicate practice that does not protect and champion human rights.”

Bild is committed to developing and updating free resources in 2022 based on this *IJPBS* special edition, through further co-production with people with learning disabilities and autistic people, family carers and other organisations including:

- A plain English summary of the *Positive Behavioural Support in the UK: A State of the Nation Report* content
- An updated web-based animation that provides an easy to understand introduction to PBS theory and practice
- An updated accessible infographic that can support understanding of the concept of PBS
- Launch of the Bild and UK PBS Alliance *What does good PBS look like and how to spot bad PBS practice* resource
- In addition, the 2022 Bild International Positive Behaviour Support (PBS) Conference will take place in Bristol (20-22nd June 2022) in-person and online leading with the theme of co-production in PBS. Bild is seeking innovative and practical examples of co-production that others can learn from.

To read **Positive Behavioural Support in the UK: A State of the Nation Report**, available open access on the *IJPBS* Journal, please visit: bit.ly/IJPBSPBSinUKBild

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To find out more about Bild and its work in PBS, please visit www.bild.org.uk and www.bild.org.uk/positive-behaviour-support-pbs/

To sign up to register your interest in attending the 2022 Bild International PBS Conference, visit bit.ly/PBSConf22interest. To share your innovative and practical examples of co-production, please email a short summary to pbsenquiries@bild.org.uk

Further information on the UK PBS Alliance - a partnership of organisations focused on improving people's quality of life - facilitated by Bild is available here: www.bild.org.uk/uk-pbs-alliance/

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Further Information

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