

Community Inclusion Workshop: Learning Disability Awareness



Self-advocates from Sunderland People First will be delivering two online Learning Disability Awareness workshops in February.



Our interactive sessions will be delivered by trainers who have a learning disability and are open to **everyone**.



We will look at what **Inclusion means in practice** and learn and share together about:



What are some of the **barriers** that people with a learning disability face when accessing health and social care services?



What do we mean by **reasonable adjustments and support** for people with a Learning Disability?



The importance of **communication** and how this can either include or exclude people.

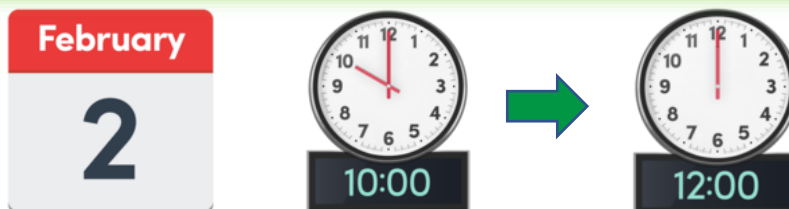


Learn how you and your team can support people with a learning disability and autistic people on a training programme called **Be Safe Be Confident**

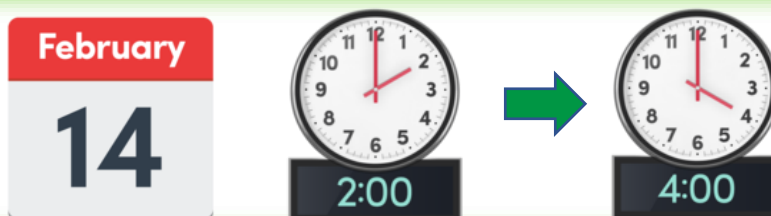


Our sessions will be held on **Zoom**. Find out how to use Zoom on your smart phone, laptop or computer by clicking on this link: <https://bit.ly/2V7hONo>

Our first session will be on **Wednesday 2nd February 10 -12**



Our second session will be on **Monday 14th February 2-4**



You can book a place by:



Emailing our team at info@sunderlandpeoplefirst.com



Phoning us on 07980 45023.

Community Inclusion Workshop Contact details:

Email: info@sunderlandpeoplefirst.com or phone 07980 745023