

Buddy Role Description



The name of this job: Buddy.



What is this job about? To help an inpatient. This is a person in a mental or learning disability hospital. You will talk to the person on the telephone or by video call using Zoom or Teams.

What you have to do (responsibilities):



1. Go to the Buddy Training. This will teach what you need to know to help the person in the hospital (your buddy) The training will be one day a week for 4 weeks.



2. You must speak to the person you are helping once every week or whatever you agree with your buddy. You will be involved with supporting them to have a life plan.



3. Speak to a champion on the ward about how practice could improve. Alexis can support with this.



4. Go to a Buddy meeting every week. This meeting will be with Alexis Quinn. Alexis is autistic and has been in inpatients units too. You can talk about your work with Alexis.



5. You can support the person in hospital to tell staff what they need and want. You will be helped to do this.



6. You must keep everything your buddy tells you confidential. This means that you shouldn't talk about your buddy outside of your work. If there is safeguarding issues you will have to speak to someone about this.

You must tell the buddy you will share information with the buddy supervisor.



7. You will meet with Alexis after your call and agree the things that you spoke about with your buddy. Alexis will make notes and keep a record.





8. You might go to more training as you get better at your work.

You must show that you understand how to stay safe.



9. You must show that you will work with your buddy fairly and respectfully.



10. You must make sure that you follow the rules to keep information you have about you and the buddy safe.



11 You must follow the rules about keeping you and the buddy healthy and safe.



12. You need to do a form called a DBS clearance. You will also have a chat about it if you feel ready to be a Buddy. You will be helped to do the form and supported.



The form and the chat are nothing to worry about. This will check that you are ready and confident to work with people that are in hospitals.



What you need to be able to do the job:



- You must be someone that has been an inpatient in a hospital under the Mental Health Act.
- You must be autistic and/or a person that has a learning disability.
- You need to have experienced restrictive practices. A restrictive

practice means being forced to do something that you don't want to do. You need to have experienced this because some people you will work with may be segregated or be subjected to restraint or seclusion.



- You must want to help a person that is in hospital now.
- You should be friendly.
- You should always show up to work on time.



- You must be able to listen to the person that is in the hospital.



How much time will this job take?

- You will do this job for six months.



- You will talk to the buddy that is in the hospital once every week. This will take one hour. You may have more than one buddy and talk to them more than once a week. This will be decided when we match you up together.



- You will also meet with Alexis every week and talk to her after your calls. This will take 30 minutes.

Things I need for this job:

- You need to have the internet.
- We will give you a device and all the support that you need to do this job well.

Pay

This job pays £150 for half a day. You can choose how you get paid.

If you are interested in this doing this job, please contact:

Email: recruitment@bild.org.uk

Or you can call Fiona. Her number is: 07973657088

