

Could you be a Reach Out Buddy?

What is a Buddy?

This service involves listening and chatting with someone who has had similar experiences to you.



A Buddy will provide support to a person with a learning disability and/or an autistic person.

The individual will be detained under the Mental Health Act. They may be feeling lonely, bored or miss their friends and/or family.

Could this job be for you?

Have you been detained under the Mental Health Act, are autistic and/or have a learning disability?

Have you had experiences or knowledge of restrictive practices whilst detained?

Are you friendly, reliable, non-discriminatory, and committed to supporting someone for a minimum of six months?

If you have these lived experiences, this job could be for you!

What being a buddy involves?

A 1-hour Teams or Zoom call per week can make a huge difference to the quality of life for a person detained under the Mental Health Act.

You will undertake paid training, be supported in your paid Buddy work, and engage in professional development activities.

The best bit is that you can do as much of this work as you feel comfortable!





In this role you will make new relationships, develop lifelong skills, and engage in training that is valuable, meaningful and transferable.

Pay

This job pays £150 for half a day. You can choose how you get paid.

If you are interested in this doing this job, please contact:

Email: recruitment@bild.org.uk

Or you can call Fiona. Her number is: 07973657088

