



## HCPBS Annual Report - 2018

### Contacts:

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APBS Members:	Molly Dellinger-Wray Kimberli Breen Timothy Moore Sarah Fefer Amber Maki Laura Kern Linda Bambara

### Description of Network:

*The purpose of this network is to work collaboratively with Association for Positive Behavior Support (APBS) members and others to promote research, training, and networking related to positive behavior support to assist individuals of all ages in home and community settings, (including intellectual and developmental disabilities, mental health diagnoses, and seniors who require memory care and other related services) across the lifespan. We work to increase membership, stimulate new ideas, and generally expand the stakeholder group participation as it relates to issues such as transition from schools to adult services and systems, issues related to aging and disability, family experiences supporting individuals with disabilities across the lifespan, trauma-informed care, and supported employment and living.*

### Activities:

The HCPBS network encourages participation of its members at five different levels (leadership, collaborators, ambassadors, active members, and general members) and focuses on four primary areas outlined in our action and evaluation plan: interface with APBS, Webinars and Training, Research and Development, and Outreach. HCPBS uses Meister Task, an online productivity software program, to manage tasks.

### Ongoing Interface with APBS

- Participated in meetings with ad hoc groups, training and education committee, and board of directors to coordinate efforts
- Supported APBS to engage home and community practitioners and increase their participation in the annual conference

- Offered guidance for selection of website material and shared material
- Provided recommendations of HC-focused individuals to review APBS conference proposals
- Provided a sub-committee to lead and review submissions for APBS conference for the Home Community Strand
- Members submitted proposals and will be invited or selected presenters for APBS conference
- Provided workshop for APBS conference on family related material

#### Webinars and Other Training Events

- Established schedule, arranged speakers, advertised, and managed registration
- Coordinated logistics, evaluations, and provision of BCBA CEUs for webinars
- Co-hosted family chats with Parenting Special Needs magazine and Partnership for People with Disabilities, adding Parent-to-Parent representative to team.

#### Research and Product/Resource Development

- Met quarterly with active research and development workgroup members, assigning members to review and add to specific website sections
- Conducted review of literature on HC PBS, identifying relevant articles and practice resources
- Enhanced HCPBS website to serve as a repository for materials and links to resources; it includes sections on HCPBS, PBS, practical resources, research literature, webinars, and websites (<https://hcpbs.org/>)
- Developed a matrix for evaluating and placing resources, brief practitioner-friendly articles on topics of interest.

#### Networking and Outreach

- Surveyed participating agencies to capture information on our members; maintained and a database of members
- Revised outreach plan, assigning specific responsibilities for outreach contacts
- Added two new membership categories—ambassador, who will assist in disseminating HCPBs activities and events, and collaborator, who will participate in joint projects
- Maintained HCPBS Facebook page, adding events and posting items per schedule
- Held monthly leadership team meetings and committee meetings as needed

#### **Accomplishments:**

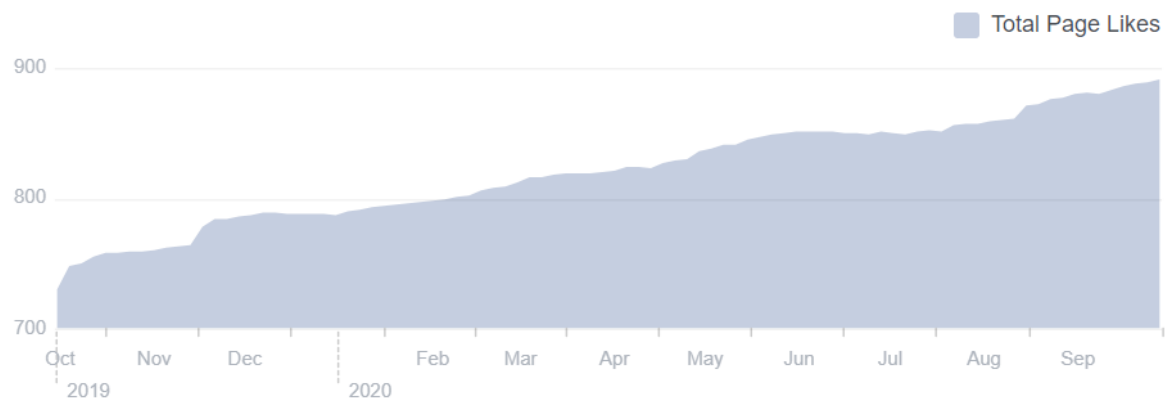
- Maintained nonprofit status for APBS, holding regular meetings and tracking funding
- Increased membership from approximately 248 to 330. Thirty-two percent of our members have also joined APBS and our members report supporting a variety of populations, offering different services, and being at different stages of implementation of PBS.
- Leadership team members and overall members contributed to family, I/DD, and online training ad hoc groups.
- HCPBS leadership team members Tim Moore and Laura Kern served on the APBS Board of Directors and Training and Education Committee, representing home and community interests in board deliberations, organizational goal setting, and conference planning.

- HCPBS leadership team member Laura Kern served on the APBS Board on the family seat, representing home and community interests in board deliberations, organizational goal setting, and conference planning.
- Encouraged the submission of proposals focused on home and community to the APBS conference, offered technical assistance, and created a tutorial available on our website
- Hosted three webinars (with closed captioning), with one having two parts. See data below. (No equity content)

HCPBS Presenter	Overall Rating				Enhance Practice	Recommend
	Excellent	Good	Fair	Poor		
Ethics: Nancy Rosenberg	58%	40%	2%	0%	97.5%	97.5%
	Participants Registered: 107			Attended: 67 screens		
Presenter	Excellent	Good	Fair	Poor	Enhance Practice	Recommend
Evolution PBS: Linda Bambara & Meme Hieneman	82%	18%	0%	0%	100%	100%
	Participants Registered: 136			Attended: 92 screens		
Presenter	Excellent	Good	Fair	Poor	Enhance Practice	Recommend
Ethics in PBS Part 1: Nancy Rosenberg	77%	23%	0%	0%	100%	100%
	Participants Registered: 144			Attended: 76 screens		
Presenter	Excellent	Good	Fair	Poor	Enhance Practice	Recommend
Ethics in PBS Part 2: Nancy Rosenberg	92%	8%	0%	0%	83%	100%
	Participants Registered: 144			Attended: 32 screens		

- Held three family chats online with Zoom and livestreamed to the HCPBS and Parenting Special Needs Magazine Facebook pages. The registration for the chats on 5/4 (Sheltering in Place) and 8/10 (Group Action Planning) was about 150. The online attendance was low, but the reach was significantly improved by livestreaming to HCPBS and PSN Facebook Pages. PSN data are below:  
5/4: Reach - 3734, Views – 1000, Comments – 38  
8/10: Reach – 8400, Views – 2800, Comments - 52
- Upgraded and improved visibility of website with information on the network and positive behavior support. Added new resources and literature, including items on telehealth to facilitate FBAs and caregiver training, recordings and presentations for webinars and family chats, and section on Parenting Special Needs magazine articles. Added page to showcase leadership and revised Partners page to include collaborators. Developed task analysis for adding resources. Began identifying content experts for each section of website.
- Engaged HC membership through Facebook, resulting in a total of 895 likes as of 9/30/2020. See graph below:

Total Page Likes: 891



### Methods of Evaluation:

See evaluation plan. Data include membership and agency representation in databases, participation in APBS and conference; website developments; webinar attendance and evaluations; resources added to website and downloads; Facebook posts, views, likes, and reach; and website traffic data.

In addition, we conducted a survey of our membership. We had 32 responses representing 13 states and 4 countries. The data summary from this survey is attached.

With regard to implementation of PBS, the majority of respondents either agreed or strongly agreed that the practitioners, families, colleagues and other professionals agree with PBS and support its use in home/schools and the community and use PBS practices to support people with behavioral challenges (n = 27). Most respondents stated that they somewhat agreed that practitioners focused on meaningful goals, but results on the other features were mixed (i.e., focusing on lifestyle change, employing proactive procedures, and using objective data for decision making, teaching replacement skills and primarily reinforcement-based procedures). The primary issue identified in the open-ended question was a disconnect between philosophy and practice, with people reverting to narrowly-focused and reactive method rather than enhancing quality of life. Shortages of trained staff and attitudes were listed as barriers.

The majority of respondents also attended (84%) or delivered (56%) PBS training events last year. The audience(s) were primarily comprised of direct care staff, teachers/educators, family members, behavior analysts, administrators, psychologists, educators, and counselors/therapists. Twelve percent of respondents taught university courses related to PBS and 53% of respondents developed and/or published products related to PBS of which the majority were articles, videos, chapters, and guides/manuals.

## Goals for Next Year

- Develop a plan to gather data on diversity of members and ensure accessibility and equity.
- Seek funding through foundations and other philanthropic organizations
- Continue collaboration with APBS, ensuring HC has representation on committees and input on initiatives related to I/DD, families, and other groups
- Support participation of HC researchers and practitioners in the APBS conference, offering assistance to help develop more scholarly proposals
- Develop a plan to assist HC members in proposing and delivering presentations at events and conferences in addition to APBS (e.g., AIDD, TASH, ASA, ABAI, CMH)
- Ensure that the webinars have a minimum of 50 participants, with 85% rating the webinar as good or excellent. Family Chats will have at least 15 online participants and 85% will respond positively to poll regarding value of event. Livestream to Facebook will result in extensive additional reach.
- Continue development of the HCPBS website, populating it with literature, practice tools, and links in a range of categories
- Expand mechanisms to better engage family members and direct support providers, including hosting three webinars and four informal online “chats” on topics of interest
- Develop practitioner friendly-resources, including at least one submission to a practitioner journal.
- Expand membership to 450 participants and at least 8 collaborators, 20 ambassadors, and 20 active members engaged in committee activities, maintaining our current diversity in membership (i.e., professionals and family members across disciplines and the age span)
- Maintain postings on Facebook, ensuring a minimum of one new post per week, with posts representing the diversity of our network, doubling our Facebook statistics
- Repeat the member survey conducted in 2020 to assess progress, expanding the item to capture additional information, including possible reasons why positive behavior support practices are being implemented inconsistently in homes and the community, and why particular areas (e.g., goal identification, team engagement, systems implementation, teaching) seem to have the lowest adherence.

A continuing area of focus of HCPBS this year is to identifying facilitators and barriers to the adoption and full implementation of positive behavior support in home and community settings. By engaging our members, who agree with PBS and strive to use it with integrity, we may bring them together to learn from other practitioners in areas such as implementation science, person centered planning, FBA, and associated supports.