Physical: support mapping for care teams

Palliative and end of life care inevitably involves supporting the person diagnosed with a life-limiting condition to cope with the physical implications of their illness. The person may require support to cope with distressing symptoms, get relief from pain, and manage physical changes in themselves as a result of their illness. It involves working very closely with healthcare professionals to ensure the individual is as comfortable and pain free as possible in end of life.

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| How can we support the person to remain in their home? | | |
| Support required | | |
|  | | |
| Any adaptations required | physical_house.jpg | Aids and equipment required |
| Advice can be sought from Hospice UK, an occupational therapist, your GP and community palliative care team. | | |

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| physical_graphics1.jpg | Who are the key health  professionals involved? | |
| Name | Role |
|  |  |
| Consider protocols and communication systems that will strengthen joint working with health teams. | |
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| physical_disdat.jpg | | What can we  do to help?  (key strategies) | physical_speech1.jpg | |
| What can we do to help?  (key strategies) | | What can we do to help?  (key strategies) | |
| Area of support |
| What can we  do to help?  (key strategies) | Area of support | *Insert a*  *photo of*  *the person*  *you are*  *supporting* | Area of support | What can we  do to help?  (key strategies) |
| Area of support | Name of  the person  you are  supporting | Area of support |

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| physical_graphics2.jpg | Care planning | |
| What are the particular support issues and challenges to managing the physical and healthcare needs of the person you are supporting? What strategies and supports can be put in place to overcome any barriers? | |
| Where an individual is considered to lack capacity to make certain  decisions regarding their care and treatment... | |
| Who should be involved in  decisions regarding the person’s care and treatment? | What support measures can we put in place to enable the person to take  a more active role in decision making? |
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