

# Restraint reduction plan for

Date

**Consent and contribution**

**Person responsible for writing this plan and updating it**

**Agreement**

**Implementation and review**

**Data collection**

**Restriction to be targeted for reduction**

**Current average current frequencies**

**Target reductions by ....**

Strategies to increase QOL	How will this happen?	How we will know it has happened and measure its success?
Proactive preventative strategies	How will this happen?	How we will know it has happened and measure its success?
Proactive developmental strategies Teaching new skills	How will this happen?	How we will know it has happened and measure its success?
Reactive strategies	How will this happen?	How we will know it has happened and measure its success?

**Other actions to follow up**

Progress on the above to be reported on ....