

Avon and Wiltshire Positive Behaviour Support Network For people who support individuals with a learning disability who have challenging behaviour

Annual Summary January 2020

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What is the Avon and Wiltshire Positive Behaviour Support Network?

The Avon & Wiltshire Positive Behavioural Support (PBS) Network is a group of individuals committed to promoting the values of Positive Behavioural Support (PBS). This commitment includes sharing knowledge, skills and resources about PBS with other people and agencies and promoting good practice.

The network steering group coordinates a monthly programme of free events about PBS. Each event includes a short presentation followed by a workshop. We run a biannual conference.

2019 Events

Events are run on the third Friday morning of every month, at UWE.

- Positive Behaviour Support and Autism Paul Thomas and Claire Chappell-Richards
- Reducing Restrictive Practices: Tracy Cox and Wendy Wright
- Functional Assessment/Analysis: Emily Greentree and Beth Kruger
- A Fulfilling Journey 1:1 for All: Redefine Mentoring Johan Schoeman
- Growing up with Autism/Asperger's Syndrome and PBS: Ceri Edwards and Wayne Pavey
- Let's Talk About Jargon: Tracy Cox and Wendy Wright
- How does Attachment Affect Behaviour? Frie Heyndrick
- Positive Mental Health: TAIW Dean Bellman
- Working with 'P' Managing Self-injurious Behaviour Longton Court Team
- Conference 'Not on my Watch' in response to Panorama programme on Whorlton Hall

How do People Know About Events?

We have more than two hundred followers on our Facebook page.

We have a mailing list of 175 people who have given their email address.

Steering group members circulate fliers within their own networks.

Attendees - We have a diverse cross section of attendees, including:

Who?

- Family carers
- Social Care providers (Large and small organisations)
- NHS (Learning Disabilities and Mental Health, inpatient and community)
- Advocates
- Education
- Voluntary Organisations
- Local Authority
- Care Agencies
- NHS England
- Skills for Care
- Student Nurses

From Where?

- Bristol
- South Gloucestershire
- Bath and North East Somerset
- North Somerset
- Wiltshire
- Gloucestershire
- Devon
- Plymouth

How Many People Attend Events?

Attendance at events ranges from 10 - 40 people, often dictated by the size of room available. Conferences are always fully booked with a maximum of 80 - 100 people.

Where Are Events Held?

Events are held at University of the West of England (UWE), Glenside Campus. UWE kindly give us free use of their facilities.

Sharing Information

Facebook page - https://www.facebook.com/avonandwiltshirepbsnetwork

Website - https://positivebehaviour.wordpress.com/

Presentations from events are shared on our website.

Documents that we have produced are available on the website for downloading.

These include:

- Challenging Behaviour Induction Toolkit
- Reducing Restrictive Practices Updated Guidance

Events We Have Attended

- PBS Network of Networks
- Restraint Reduction Conference
- PBS Alliance Steering Group
- Transforming Care Events Skills for Care
- BILD Conference
- Learning Disability Nurses Conference
- Regional Positive Behaviour Support Network Event
- PBS Peer Review
- CB -National Strategy Group

Who Do We Connect With?

- PBS Academy
- PBS Alliance
- BILD
- Skills for Care
- NDTi/IHAL
- Restraint Reduction Network
- Plymouth PBS Network
- Challenging Behaviour Foundation

What are the Benefits of our Network?

- Free training and network events
- Peer support
- Learning good practice from others
- CPD opportunities both learning and presenting
- Opportunities for people with learning disabilities and families to share their experiences
- It makes PBS accessible and relevant to all
- Sharing up to date national and local guidance, developments and information
- Opportunity to present at events and share good practice

Who are we?

- Tracy Cox, Consultant Learning Disability Nurse
- Wendy Wright, retired Occupational Therapist
- Jan Seamer, family carer and retired Mental Health Nurse
- Alan Nuttall, Learning Disability Nurse
- Bev Cole, Commissioning Tutor
- Beth Kruger, UWE Tutor and Learning Disability Nurse