



Developing innovative ordinary housing solutions for people with complex needs & behaviours that challenge

An integrated

Health, Social Care & Housing

Person-Centred Approach







Key Themes & Connections

Housing crisis



- Not enough suitable affordable housing for people with learning disabilities
 Deinstitutionalisation
- Transforming Care Agenda 'Building the right Support'
- Co-production
- Involving the person ("Tenant"), those close to them and professionals to produce the best person centred solutions
- Designing Housing and Support to
- Improve quality of Life, well being & social integration
- Minimise and reduce restrictive practice

Closer to Home

• Recognising the need for PBS to be an essential element in commissioning



Positive Behavioural Support (PBS)



POSITIVE BEHAVIOUR SUPPORT



VALUES LED

PBS supports human rights and promotes respect, dignity, inclusion and a life without unnecessary restriction. PBS means treating people equally and working in partnership with the person and their family to make things better for everyone.



PROMOTING QUALITY OF LIFE

The overall aim of PBS is to improve the quality of a person's life and that of the people around them. This includes children, young people and adults, as well as older people. PBS provides the right support at the right time for a person so they can lead a meaningful and interesting life participating in activities and learn new skills.

UNDERSTANDING BEHAVIOUR AND MEETING NEEDS

PBS uses different methods to gather information to work out what people's behaviour means. It improves support and empowers people to use better and less harmful ways to get their needs met. This often involved using a range of different approaches that enhance a person's life.

MAKING SYSTEMS WORK FOR THE PERSON

Giving the right support at the right time so people can thrive and fulfil their potential. This may mean changing the way the person is supported. Carers and staff may need training, and service structures and cultures may need to change. Continuous review is important to make sure support carries on working well for the person and those around them.

Many free resources available on line e.g.

- **UK PBS Alliance**
- BILD •
- PBS academy •
- **Challenging Behaviour Foundation** •
- Download the document Accessing Free Resources On Line



There is a growing network of professionals and organisations who are working to promote the adoption-of-PB5-as-best-evidence-based-practice, PB5-can-be-misunderstood-and-so-this-network-hasbeen-gathering-and-developing-high-quality-resources-that-accurately-describe-they-key-features-of-PB5, and ensuring that these resources are widely available and free of charge. Below are links to somespecific: resources, and, key, websites, where a wide, range of, other, materials, can, be found... Newmaterials are being added on a regular basis.

There are lots of use full resources on the British Institute of Learning Disabilities (BILD): Ceptre for the Advancement of PBS-BILD CAPBS-website, including information on PBS, Active Support, webinars-by-subject-matter-experts,-books-and-other-publications-,-events,-consultancy-and-traininghttps://www.bild.org.uk/positive-behaviour-support-pbs/¶



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Prepared-by-Dr-Edwin-Jones-and-Professor-Kathy-Lowe-Swansea-Bay-HB-and-All-Wales-Challenging Behaviour-Community-of-Practice-June 2019

Conclusions & Next Steps



Conclusions

Please, tell us what you think!

Developing good standard supported ordinary housing solutions is a viable option to improve quality of life, achieve a wide range of person centred outcomes and can be more cost effective

Next steps – more practical sessions on • •

- Getting Commissioning right?
- Funding models and maximising value for money?
- The housing & support development process?
- How PBS and practice leadership can enhance the quality of support to achieve person centred outcomes?

Have you got any suggestions?



Thankyou Diolch yn fawr

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Challenging Behaviour Change Community of Practice Inform



