

## International Journal of Positive Behavioural Support

### **Author guidelines for a brief report**

#### **The purpose of this section**

The Brief Report section of the IJPBS is for the sharing of good practice in the field of Positive Behavioural Support. We welcome contributions from practitioners, family members, and students. Contributions should have original value and be likely to benefit others. Manuscripts should total no more than 1,000 words and follow the structure outlined below. Successful manuscripts will include a clear and relevant aim, a replicable description of what was done, a convincing account that aim was achieved with supporting data, and a brief discussion of the outcome and its implications. Each contribution will include references or a bibliography in Harvard format. All submissions will be peer reviewed for quality, clarity, relevance, impact, and appeal.

#### **General guidelines for preparing a manuscript**

The contribution should be written in present tense, except when describing what was done, using first person – (eg, I or we), and include three relevant references from published literature, in Harvard format.

#### **Cover page**

This should have only the title and any sub-title, this is so submissions can be reviewed anonymously. The author's details should be supplied on a separate sheet and should include: name, address, email address, telephone and fax numbers. The author for correspondence should be clearly identified.

#### **Introduction – (175-225 words)<sup>1</sup>**

The introduction should begin by describing the broad context or background to the project, (eg, *many people with severe intellectual disabilities miss out on opportunities to do ordinary activities of daily living*), and work toward stating clearly the project aim (eg, *this project assessed the impact of activity planning on opportunity for engagement*). On the way

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<sup>1</sup> The examples provided are fictitious. They are meant to illustrate style and indicate content, but are not indicative of length or detail.

readers will want to know why the issue is important to people using or working in services (eg, *activity and opportunity affect quality of life*), what is already known about the issue (eg, evidence from published research, such as *compared to the general population, activity and opportunity are low*), and why working on the issue is important (eg, *pursuing improved quality of life outcomes depends on, but is not limited to, increasing opportunities for people to participate in activity*). Our aim in this project was to increase opportunity for activity engagement through activity planning.

### **What we did and how it was done - (225-275 words)**

This part of the manuscript provides important information about who did what with whom and how.

- Say who participated in the project – essential information only about contributors and consumers.
- State the type of service and/or context in which the project was done.
- Describe the essential components of what was done and how.
- Describe how change would be measured and assessed.
- Say how information was verified, and how implementation was assessed.
- Say how the information was analysed.

For example, you might say *five people with moderate to severe learning disabilities and ten paid staff participated in our project. All lived or worked at the same address, a shared tenancy. We ran an informal workshop in a nearby community centre in which we helped participants to identify and describe personal and household routines. These were written in an accessible format for use in the home. The main aim was to harmonise staff support provided for participation in activity. We measured change by observing and recording activity participation for 6 hours, two weeks before and after the workshop, using the ASM (Mansell and Elliot, 1996). We verified the measure by having two people rate one session before and one after the workshop. The overall scores were identical although differences were apparent in individual ratings. We compared the scores before and after the workshop.*

### **Outcomes (125-175 words)**

Here you describe what you found, but be sure to include only information for which a method has been described. For example, *ASM scores for all five tenants were substantially higher following the workshop than before. Proportional increases ranged from 67-98%*. Tables and graphs would fit well in this section. Although brief reports are short by definition, they still require high data quality data. Reviewers will want to know that the information presented is trustworthy (can be relied upon) and that the measures used and the information obtained is relevant to the topic. Outcome data may be quantitative or qualitative.

### **Discussion (375-425 words)**

- Say whether or not the specific aim of the project was met, and why your finding may be important and substantial for people with intellectual disabilities.
- Comment on how your finding fits with what is already known.

- Be modest about the limitations of your findings and relevance to others.
- Suggest next steps for practice or research

For instance, you might say something like – *outcomes from our project are consistent with those reported in the AS literature (eg, Flynn et al, 2019). We welcome our findings and note how tenants’ lives seemed to have been enriched by increased opportunity for activity engagement. For instance, we noted more examples of activities being undertaken without requiring instruction from staff. Although limited in scope, we have shared our work as we believe it might benefit others and for researchers to consider the potential merit of a more detailed component analysis.*

**References or bibliography**

List citations or further / related reading.

Flynn, S, Totsika, V, Hastings, R P, Hood, K, Toogood, S and Felce, D (2018) ‘Effectiveness of active support for adults with intellectual disability in residential settings: Systematic review and meta-analysis’, *Journal of Applied Research in Intellectual Disabilities*, 31(6), 983-998. doi:10.1111/jar.12491

<b>TEMPLATE</b>
<b>Cover page</b> – title and author details
<b>Introduction – (200 words)</b> Replace this text with 200 words introducing the reader to your topic. Set the scene in your first sentence and work logically toward declaring the aim of the work you are describing
<b>What we did and how it was done - (250 words)</b> Replace this text with a description what you did, how it was done, and who was involved. Make your description as clear and simple as possible so that a reader could copy it.
<b>Outcomes (150 words)</b> Replace this text with a description of what happened as a result of your work. Make sure you stick to describing this as it relates to your aims and using only information obtained from methods described above.
<b>Discussion (400 words)</b> Replace this text with a discussion of what the findings mean – do they match expectation and what has been reported in the research literature? Then describe the limits of your work and any ideas you have about further work or formal research.
<b>References</b> List citations or suggest a reading list

**Bild**

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