

Restraint reduction plan for

Date

Consent and contribution

Person responsible for writing this plan and updating it

Agreement

Implementation and review

Data collection

Restriction to be targeted for reduction

Current average current frequencies

Target reductions by

Strategies to increase QOL	How will this happen?	How we will know it has happened and measure its success?
Proactive preventative strategies	How will this happen?	How we will know it has happened and measure its success?
Proactive developmental strategies Teaching new skills	How will this happen?	How we will know it has happened and measure its success?
Reactive strategies	How will this happen?	How we will know it has happened and measure its success?

Other actions to follow up

Progress on the above to be reported on