



# Public statement

## **Our Services**

Aspire provides the following services for people with learning disabilities living in Herefordshire:

- \* Residential care homes
- \* Supports people to live independently in their own homes
- \* Community based leisure and recreational activities
- \* Day centre for older people
- \* Supports people, one-to-one, to be a part of their own community
- \* Short break service for family carers

## **The service review**

The review was carried out as part of Aspire's continual commitment to quality. Aspire also continues to be a local leader in providing services to people with learning disabilities. The information gathered will underpin Aspire's future development plans.

The review took place between 21 April and 27 May 2009. The team were trying to find out if the following 10 outcomes were happening in a person's life:

- I make everyday choices
- I make important decisions about my life
- People treat me with respect
- I take part in everyday activities
- I have friendships and relationships
- I am part of my local community
- I get the chance to work
- People listen to my family's views
- I am safe from bullying and abuse
- I get help to stay healthy

To do this, visits were made to people at home, Monday Club, Tan Brook, the local pub, St Peter's Café, St Owen's Centre, Hereford Leisure Centre and many more.

11 people were included in the review. This is the review team:

Malcolm Rogers (supported by Alan Mason)
Dave Badham
Len Gale
Adrian Phipps (supported by Geoff Brain)
Nick Gray & Sally Ann Collier
Nick Gray & Jackie Payne with Gordon Winter

Andrea Cartwright
Ian Smith
Ken Jollans
Mandy Cooper
Jill Farmer

## Findings

What was going well:

A good amount of evidence collected that people experienced the following:

- \* Choice
- \* Respect
- \* Everyday activities
- \* Family contacts
- \* Feeling safe
- \* Being healthy

What we need to change:

- \* Friendships – particularly relationships
- \* The chance to work
- \* Being able to make important decisions

## Action plan

The action plan details the main steps we intend to take as a result of the review and **when** they will be completed:

- \* Hold a 'Freshers' Fair' in January 2010 to promote clubs and activities, offer taster sessions. Share and promote Herefordshire Mencap's Directory
  - o 'Freshers' Fair' in January 2010
  - o Directory by end of October 2009
- \* Find out staffs' skills and interests so that people can be matched based on shared interests.

- By 13January 2010 (Workshop 4)
- \* Find out if rotas and opening times of activities match people's needs.
  - By 13January 2010
- \* Find out if person centred plans reflect people's lives.
  - By 13January 2010
- \* Set up a big group with reps from all the groups meeting at the moment in Aspire so that people's views can be fed to the Aspire Board.
  - By 13January 2010
- \* Find out who knows each other and also supported by Aspire and put them in touch with each other.
  - By end October 2009
- \* Continue the training on sexuality and sexual health and other training linked to relationships
  - ongoing
- \* Work on a friendship agency
  - By 13January 2010

**For more information, contact:**

Rose Hunt & Janet Fellows

Aspire, Fred Bulmer Centre, Wall Street, Hereford, HR4

Tel: 01432 269406

Email: [info@aspirechoices.com](mailto:info@aspirechoices.com)

Rose Hunt  
August 2009