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<b>PI System/model</b>	Therapeutic Crisis Intervention
<b>geographical area covered</b>	UK Republic of Ireland
<b>Who is training for?</b>	Children with emotional and behavioural disturbance, children and young adults with learning disabilities, children and young adults with autism
<b>Accredited Courses</b>	Direct Training Train the Trainer

### **General Approach to Teaching Physical Interventions**

TCI Europe is a restraint reduction programme. The aim of the programme is to provide staff with options other than the use of physical interventions. However whilst it emphasises early intervention and person centred planning it also recognises that physical interventions may be required. To this end, organisations are asked to complete a behavioural audit in order to commission the most appropriate level and type of physical interventions to meet their needs.

### **Relevant Training Topics**

Provides a structure to make sense of challenging behaviour, our interactions with service users and assess incidents.

Provides staff with a wide range of practical skills including

- Behaviour support techniques
- Communication and active listening skills
- De-escalation techniques
- Conducting an interview with a service user to enable them to develop coping strategies
- Optional physical interventions techniques

Uses a therapeutic approach based on crisis theory. It provides a system of reflective practice involving a post crisis interview for staff, team reviews of incidents and the development of person centered planning through Individual Crisis Management Plans.

Enables agencies to use a wider systemic approach to implementing a behaviour support system.