

Organisation	Studio III
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PI System/model	Studio III
geographical area covered	UK, Ireland, Denmark, Sweden, Germany, Greece and South Africa
Who is training for?	Children Autism Adult Autism Children LD Adult LD Pupils with EBD Other: Older Adults & Psychiatric Service Users All involved in the care and education of the above client groups.
Accredited Courses	<ul style="list-style-type: none"> • 1, 2 & 3 Day Learning Disability • 1, 2 & 3 Day Acquired Brain Injury • 1, 2 & 3 Day Autistic Spectrum Disorder • 1, 2 & 3 Day Emotional and Behavioural Difficulties • Follow Up and Refresher Days • 1 and 2 Day Reactive Planning Workshops • 1 and 2 Day Positive Approaches Workshops • 1 and 2 Day Lone Workers • 1 Day General Practitioners Workshops • 1 and 2 Day Mainstream Education • Training the Trainer programme
General Approach to Teaching Physical Interventions	
<p>The ideals of Studio III are to promote the management of challenging behaviour in a totally nonviolent, gentle and dignified way by use of low-arousal techniques and gentle physical skills. Within this non-aversive framework, the training covers - legal issues; the role of policies; understanding the nature of violence expressed by people with learning disabilities; causes of challenging behaviour; interaction, diffusion and distraction strategies, physical avoidance skills and restraint without immobilisation. The training is designed to give staff confidence in managing challenging behaviours whilst at the same time maintaining a positive relationship with their clients.</p>	
Relevant Training Topics	
<p>One, two and three day courses covering: Legal issues; Low-Arousal Approaches; How our Behaviour can Affect Others; Defusion; De-escalation; Distraction, Coping with Challenging Behaviours; Managing versus Challenging Behaviours; Physical Avoidance Skills; Causes of Challenging Behaviour; Identifying Cues and Triggers; Physical Restraint. Other workshops include: Positive Approaches; Reactive and Pro-Active Planning; Issues around Sexuality and Relationships.</p>	