

<b>Organisation</b>	SPACE
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<b>address</b>	93 Kingsway North Warrington WA1 3NU
<b>PI System/model</b>	SPACE
<b>geographical area covered</b>	UK
<b>Who is training for?</b>	Children Autism Children LD Pupils with EBD Adult Autism Adult LD Young People and Adult Mental Health  Other: Space works in Health Care and Social Care with all disciplines. We also have experience in retail, transport, security and local government, as well as non-governmental organisations.
<b>Accredited Courses</b>	A proactive Approach to Conflict, <ul style="list-style-type: none"> <li>• <b>1 day (no phys)</b></li> <li>• <b>2 day (may include breakaway (release))</b></li> <li>• <b>3 day (may include breakaway and phase 3 PI)</b></li> <li>• <b>4 day (as above)</b></li> <li>• <b>5 day (training to phase 4, 5 where necessary as part of a person centred care plan)</b></li> <li>• <b>Trainers 6 day (may include breakaway (release))</b></li> <li>• <b>Trainers 9 day (Includes physical interventions up to Phase 4)</b></li> </ul> All programmes are tailored to meet the requirement of the client/service
<b>General Approach to Teaching Physical Interventions</b>	
<p>SPACE teach sensitivity and awareness, most people have a natural reaction to conflict we aim to change this. The emphasis is teaching staff to be positive in their attitude and intent; developing skills in remaining calm and "centred" thereby preventing the majority of conflict. We teach carers to look first to their own behaviours, which can have an impact upon the way that others react to them. Remaining Calm and reasonable can prevent potential aggression or dangerous situations. Release and assisted release techniques develop skills of escaping in a non-aversive manner. Stabilising and holding techniques give participants practical skills to calm situations and prevent them from escalating. Holding is a last resort, taught only to be used as part of a written agreed response or in emergency situations. The legal and ethical connotations, safety, capabilities of staff, risk and monitoring are considered.</p>	

## Relevant Training Topics

Principles of conflict  
Risk assessment  
Proactive working  
Agreed responses  
Attitudes  
Assessment and functional analysis  
Prevention and awareness  
Fear control  
Verbal responses  
Sensitivity and awareness  
Health & safety  
Law; legal & ethical framework  
Why / when / / values / rights  
Definitions - escorting / holding / restraint  
Non physical restraint - mechanical  
De-escalation strategies  
Non verbal and verbal strategies  
Positive handling  
Staff care  
Breakaway (release) techniques / personal safety  
Graded positive handling - standing sitting ground  
Challenging behaviour - re-directing / distracting  
Stress / conflict  
Six stages of crisis  
How feelings drive behaviour  
Risk Assessment  
positive handling plans / behaviour management  
Incidents / report  
Raising concerns  
listening  
Skills / modifying techniques for user groups - children / LD etc  
Learning from difficulties  
Support - before, during and after

Training For Trainers – six days (no physical intervention)  
Training for Trainers – nine days including physical intervention.  
Assertiveness  
Practical responses (1 & 2)  
Practical responses (3 & 4)  
Teamwork and consistency  
Personal development  
Professional development  
Post incident supervision  
Epilepsy Awareness  
Adult Protection  
Mental Health and Learning Disabilities  
Bereavement for carers  
Person Centred Awareness  
Foster Carers, Work/Life Balance, Manual Handling.