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PI System/model	Non-Abusive Psychological & Physical Intervention (NAPPI)
geographical area covered	UK
Who is training for?	NAPPI has trained over 30,000 people in the UK including healthcare professionals, social workers, teachers, educational employees and carers. Direct Care <ul style="list-style-type: none"> • Adults & Children with Learning Disability • Adults & Children with Autism • Hospital / PCT / Hospice Staff • Mental Health Care Education <ul style="list-style-type: none"> • Mainstream Schools • Further Education • Special Education Needs
Accredited Courses	Direct Care & Education (1 to 3 days) <ul style="list-style-type: none"> • One-day Assessment & Prevention • Two-day Assessment & Prevention (including restraint) • One-day Communication Skills • One-day Changing Culture • One-day Lone Worker Safety Trainers Courses & Refreshers <ul style="list-style-type: none"> • Five-day Level One • Three-day Year Two • Two-day Level Two (including restraint)
General Approach to Teaching Physical Interventions	
NAPPI provides positive psychological & physical intervention training programmes for education and health care professionals who deal with inappropriate or challenging behaviours. NAPPI teaches staff to deal with conflict early, directly, kindly, and with a sense of commitment to all parties.	
Assessment NAPPI IS SKILL-BASED , giving employees a useful, five-step behaviour scale that helps them	

recognise the potential for inappropriate or violent behaviour; a three-pronged predictor for escalating situations; and a five-part intervention model that can be used in any situation.

Prevention

NAPPI TEACHES THREE LEVELS OF PREVENTION STRATEGIES: long-term, relationshipbuilding strategies that reduce the likelihood of escalating situations; intermediate strategies that redirect potentially physical situations, and emergency skills that help defuse violent reactions.

Physical Management

NAPPI TEACHES EMPLOYEES BASIC PHYSICAL SKILLS, so that even those who are not physical by nature can learn to be more effective in extreme situations. This basic body movement and strategy training makes staff more effective in any situation. NAPPI teaches staff how to implement these new skills when posed with the most likely assault events; a punch, a choke, a grab, and a thrown object - in a non-abusive way. NAPPI's self-protection and restraint techniques do not use hyper-flexion, hyper-extension, or pain compliance and are specifically designed to have minimum impact on all parties involved. **There is NO yelling, stomping, pushing or bending,** and yet these skills are tremendously effective. In fact, NAPPI's specially-designed skills actively seek to keep the aggressor safe as well as keeping staff members safe.

Relevant Training Topics

The major focus of NAPPI training is teaching employees to become influential in a positive way with their students and service users. As we clarify the distinction between control and influence, we decrease the frequency and severity of inappropriate episodes. We give employees the tools to work with service users internal and external motivators and to better model pro-social behaviour in their staff-service users relationships.

Our unique approach focuses on situations that are not only disruptive and dangerous, but also the most common. NAPPI skills are effective when working with inappropriate or antisocial behaviour through a focus on mental health-style interventions and situations. The training and philosophy assume that the antagonist is under enormous stress and is reacting poorly to internal and external stimuli, and teaches staff members to use interventions designed to work with their specific population to contain situations with minimal environmental disruption and lower risk of injury to staff and antagonist.

NAPPI trains staff in several unique and easy-to-remember hands-on assessment and prevention skills. NAPPI's physical skills are based on sound physical principles, which make staff members more successful in any situation. They are less likely to cause injury and disruption of the total environment; in fact, NAPPI uses no pain compliance, which reduces injury potential, liability, and is less likely to engender a more violent reaction in the antagonist.

All these techniques are designed for those serious and dangerous situations that occur when dealing with clients and student's who are highly stressed, disturbed or simply seeking attention through their inappropriate behaviour.