

Organization	Approach Training Limited
Tel:	0151 548 3030
Fax:	0151 548 3110
Email:	approachtraining@btconnect.com
Mobile:	07966 45 22 77
Contact:	Bill Thorpe, Course Director
Address:	Unit 129, North Mersey Business Centre Woodward Road Knowsley Industrial Park Merseyside L33 7UX
PI system/ model	Approach Training Limited - based on understanding and working with natural movement of the body
Geographical area covered:	UK, Europe
Who is training for:	Staff working with service users (children, young people and adults) in a wide range of settings, eg <ul style="list-style-type: none"> ○ education, ○ social services, ○ health, ○ private sector Staff working with service users with a range of needs: <ul style="list-style-type: none"> ○ Autistic Spectrum Disorder ○ Severe learning difficulties ○ Moderate learning difficulties ○ Behavioural, Emotional, and Social Difficulties ○ Mental Health issues ○ Mainstream and Special Schools ○ Private and public sector ○ Challenging Behaviour Foster carers working with the above
Accredited courses:	<ul style="list-style-type: none"> • 1-day Breakaway course • 2-day Team Support and Breakaway course • 8-day Instructors' Train the Trainer course

General Approach To Teaching Physical Interventions:

Approach Training Limited offers a system based on understanding and working with natural movement of the body. Approach Training promotes a non-confrontational, pro-active and preventative approach to managing challenging behaviour. Risk assessment underpins individual management/support plans and interventions, and support is available in developing these within services. PI only used as last resort, gradual and graded interventions, skills in de-escalating and defusion taught, legal and ethical issues, legislation and guidance covered, **not** based on pain-compliance but on giving control back at the earliest safe opportunity through involving the service user in the process and as part of the team.

Training builds staff/carer confidence and encourages the development and maintenance of positive staff:service user relationships.

Delivered by trainers with significant experience in the field and with expertise and proven skills in the management of challenging behaviour.

Training delivered through group theory activities and practical activities, with sufficient time to practice and develop and understand new skills.

Legal defensibility is underpinned throughout the courses and the training meets the requirements of Health and Safety at Work regulations. Techniques are risk assessed and course materials are regularly updated to reflect best practice and new legislation and guidance.

Specific additional support to organizations is available from the Course Director, eg managing extremely challenging behaviour, developing protocols for individual service users, attendance at multi-disciplinary team meetings.

Relevant Training Topics:

- Legal and ethical
- Prevention – primary and secondary, de-escalation and defusion
- Understanding aggression and violence
- Staff behaviour – what presses your buttons?
- Personal Safety
- Legislation and guidance
- Health and Safety
- Good practice
- Underpinning values and attitudes
- Understanding natural movement
- Team work
- Risk assessment
- Staff support
- Transport and passenger assistant training