

**Ridgeway Partnership
(Oxfordshire Learning Disability NHS Trust)**

Organisation	Ridgeway Partnership (Oxfordshire Learning Disability NHS Trust)
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Address:	Specialist Health Services Slade House Horspath Driftway Headington Oxford OX3 7JH
PI System/model	General Services
Geographical area covered	United Kingdom
Who is the training for?	Adults with Learning Disabilities, Autism, Mental Health problems Children with Learning Disabilities, Autism Training is provided for staff working in health, social care and educational settings, inpatient and community services according to their specific needs.
Accredited Courses	General Services Tutor Course- 3 weeks General Services Tutor Update- 3 days De-escalation Skills- 1 day Managing Difficult Situations- 1 day Understanding Challenging Behaviour- 1 day Breakaway Skills Physical Intervention Skills for Supported Lifestyles Physical Intervention Skills for Specialist Health Services Breakaway Refresher Physical Intervention Refresher – Supported Lifestyles Physical Intervention Refresher – Specialist Health Services

General Approach to Teaching Physical Interventions

The General Services Association is committed to developing and disseminating best practice in the prevention and management of aggression and violence on a national and international level.

Training Needs Analysis is used to provide bespoke training that meets the needs of individual organisations and the people they support.

All the physical skills are risk assessed and have been subject to a legal, tactical and medical review.

Training aims to increase staff confidence, awareness and to equip them with the skills needed to do their job. Training aims to maintain the safety of all parties and to minimise risk.

Training always includes a theoretical component including proactive, preventative and non-physical strategies. Physical interventions are only used as a last resort. Techniques include a range of responses so that training can be tailored to specific client groups, enabling a hierarchal response and use of the least restrictive intervention necessary.

Careful attention to safety is maintained throughout.

Training is provided by tutors with clinical backgrounds and appropriate training and skills.

Relevant Training Topics

Understanding challenging behaviour and theories of aggression

Preventative strategies

Multi-disciplinary team working

Risk assessment, risk management, care planning

Holistic approaches to preventing and managing challenging behaviour, developing safe and therapeutic services and maintaining positive therapeutic relationships

De-escalation, conflict management and communication skills

Legal and ethical issues

Personal safety

Staff support, de-briefing and critical incident review

Monitoring and recording systems and processes

Service development, policies and practices that promote safety

Specific individual needs including culture, gender, physiological and psychological needs