



Positive Options Ltd

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PI System/model	Management of Actual or Potential Aggression (MAPA®)
geographical area covered	UK (England, Wales, Scotland, Northern Ireland), Southern Ireland, and Europe.
Who is training for?	<p>Organisations served:</p> <ul style="list-style-type: none"> • Education, social and health care providers. <p>Service user provision served:</p> <ul style="list-style-type: none"> • Mental health; learning disability; autistic spectrum conditions; mainstream and special educational needs; 'looked after children'; severe behavioural, emotional and social difficulties; mainstream and primary health care services; other specialist educational, social and health care services. <p>Service sectors served:</p> <ul style="list-style-type: none"> • All sectors (public, independent, and third sector) • Unpaid carers including parents, foster carers, families and significant others. <p>Age Groups: Across full age spectrum</p>
Accredited Courses	<p>MAPA® Curriculum:</p> <ul style="list-style-type: none"> • Direct Delivery including: holding, clinical holding, disengagement and personal safety skills • 'Train the Trainer' Courses.

General Approach to Teaching Physical Interventions

Positive Options is committed to the delivery of high-quality, evidence-based training and support that aims to reduce the frequency of physical interventions across all service settings. Our approach is to work with commissioning organisations to develop essential knowledge and skills for staff that enables them to effectively deliver person-centred outcomes and whole system solutions for users of services, and their carers using:

- Primary and secondary preventative interventions (pro-active approaches)
- Restrictive physical interventions to manage crisis (reactive approaches)
- Post-incident analytical interventions (support and corrective approaches)

- Reflective learning interventions (continuous professional improvement)

Relevant Training Topics

Person-Centred Excellence[®]: A Framework to Develop Inclusive and Responsive Services for Users and their Carers:

Primary and secondary preventative interventions (proactive approaches):

- Person-Centred Active Support (PCAS[®])
- Promoting Positive Behaviour in a Person-Centred Way (PPB[®])
- Supported Decision-Making through Person-Centred Risk Management (SDM[®])
- Effective Communication and De-Escalation Skills

Restrictive physical interventions (reactive approaches):

- MAPA[®] Holding
- MAPA[®] Clinical Holding
- MAPA[®] Disengagements
- MAPA[®] Personal Safety

Post-incident analytical interventions (support and corrective approaches)

- Post-Incident Support and Debrief
- Post-Incident Analysis

The entire range of products and services listed above are delivered within the context of a social, professional, ethical and legal framework, which place reflective learning and improvement at the centre of practice and service delivery.