

Name of Organisation:

<b>Organisation</b>	Lancashire County Council, Adult and Community Services Directorate. Learning Disability Provider Services. <b>Supporting People with Learning Disabilities To Live The Lives They Want</b>
<b>Tel:</b>	01772 535355
<b>Fax:</b>	01772 672569
<b>Email:</b>	<a href="mailto:Keith.Knaggs@Lancashire.Gov.uk">Keith.Knaggs@Lancashire.Gov.uk</a> or <a href="mailto:Marie.Blomley@Lancashire.gov.uk">Marie.Blomley@Lancashire.gov.uk</a>
<b>Mobile phone:</b>	07826876166
<b>contact:</b>	Marie Blomley or Keith Knaggs
<b>address</b>	Staff Training Centre, Moor Street, Kirkham, Lancashire, PR4 2AU
<b>PI System/model</b>	The Lancashire Model of Positive Behavioural Support
<b>geographical area covered</b>	Lancashire
<b>Who is training for?</b>	<p>Currently for staff from in-house provider services within Lancashire County Council.</p> <p>The Lancashire Model supports individuals who challenge conventional services. This includes people with Learning Disabilities, ASD, Dual Diagnosis, Brain Injury and Older Adults with Alzheimer's and related dementias.</p>
<b>Accredited Courses</b>	<ul style="list-style-type: none"> <li>➤ Train the Trainer</li> <li>➤ Theoretical Module, Level 1</li> <li>➤ Crisis Management Module, Level 2</li> <li>➤ Practical Breakaway Techniques, Level 3</li> <li>➤ Practical Removal and Restraint Techniques, Level 4</li> <li>➤ Refresher Training – Theoretical Module, Level 1</li> <li>➤ Refresher Training – Crisis Management, Level 2</li> <li>➤ Refresher Training – Practical Breakaway Techniques, Level 3</li> <li>➤ Refresher Training – Practical Removal and Restraint Techniques, Level 4</li> </ul>

## **General Approach to Teaching Physical Interventions**

The Lancashire Model has a strong values base and is underpinned by the theory of Positive Behaviour Support. There is constant emphasis on proactive person centred supports which encompass all the strands of equality and diversity, the prevention of aggression, minimization of harm and the importance of reducing the need to physically intervene.

The Model actively promotes the development of a culture of openness and honesty in relation to the use of interventions and encourages reflective practice and discussion on key issues including communication, contributing factors, restrictive practices, ethical issues and duty of care.

We advocate the fundamental principle of the use of Physical Intervention as a last resort and to ensure all interventions are proportionate to the level of risk of harm to the individual or others. The Model outlines a framework for supporting individuals who have challenging behaviour which reinforces proactive approaches and offers staff responsive ways to support people in aggressive situations which do not involve holding and promotes methods and strategies to enable people to manage their own behaviour.

Participants are given a clear understanding of the Law surrounding the use of Physical Interventions including up to date Departmental Guidance, legislation, informed consent and best interest assessments.

Tailored, person focused, training programmes meet the training needs of staff and rigorous requirements must be met prior training relating to health and safety, person centred behaviour support plans, capacity and best interests. Course organisation follows the BILD Code of Practice.

The Lancashire Model does not include any pain compliant techniques or prone holding.

## **Relevant Training Topics**

Person Centred Approaches

Definition and Classification of Challenging Behaviour

Contributing Factors to Behaviour

Personal Safety, Physical & Emotional Responses

Re-Enforcement & the Effects of Punishment

Responsive Strategies

Teamwork, Communication & Consistent Approaches

Planning, Recording, Monitoring & Reviewing

Ethical Considerations of Restrictive Practices, Physical Interventions and the Law