

Calderstones NHS Trust – CITRUS MODEL

Organisation	Calderstones NHS Trust
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PI System/model	CITRUS (Creative Intervention Training Responses for Untoward Situations)
geographical area covered	Mainly in the north west region of England
Who is training for?	Staff providing services for adults with learning disabilities and autistic spectrum disorders
Accredited Courses	1 Day Basic Level 1 Training Course 6 Day Level 2 – Associate Trainers Course 5 Day Level 3 – Lead Trainers Course 1 Day Refresher Course for Trainers ½ Day Breakaway Training Course 5 Day Level 1 Training Course
General Approach to Teaching Physical Interventions	
Calderstones NHS Trust have developed a proactive approach to the management of aggression based around primary prevention procedures, but acknowledges that there may be a need to use physical interventions as a last resort, when other less intensive methods have not been successful. There is an emphasis on least reduction and risk management whilst seeking to maintain the safety and dignity of all concerned.	
Relevant Training Topics	
Conflict Resolution Training Behavioral Approaches Training Training in a Cognitive Neuro – Rehabilitation Approach Values and Attitudes Workshops Introducing the Mental Capacity Act First Aid Training Equal Opportunities and Diversity	