

Organisation	Abertawe Bro Morgannwg University NHS Trust (ABM)	
Tel:	01656 753934	Contact ABM for all enquiries in Wales
	01326 371017	Contact for all enquiries in the rest of the UK
Fax:	01656 753850	ABM Wales
	01326 371099	PRT Rest of UK
Email:	neil.kaye@abm-tr.wales.nhs.uk	for all enquiries in Wales
	mail@positive-response.co.uk	for all enquiries in the rest of the UK
Website:	www.positive-response.co.uk	
Address:	Neil Kaye Abertawe Bro Morgannwg University NHS Trust Directorate of Learning Disability Services Elm Court Cowbridge Rd Bridgend South Wales CF31 3SR	
PI System/model	Positive Behaviour Management (PBM)	
Geographical area covered	United Kingdom and Europe	
Who is training for?	<p>The training is suitable for staff employed in the following sectors: health, social services, the voluntary and independent sector as well as families and carers.</p> <p>It is specifically designed to meet the needs of people working with/supporting adults, young people or children with an intellectual disability, autistic spectrum disorder, acquired brain injury or the elderly mentally impaired who also present with challenging behaviour.</p>	
Accredited Courses	Direct care staff, Training trainer, Trainer re-accreditation/refresher workshops.	

General Approach to Teaching Physical Interventions

Positive Behaviour Management was devised in the late 1980's and was designed specifically for use within Intellectual Disability Services. The training programme was a direct response to ethical and legal concerns regarding pain compliance systems of control. PBM emphasises the importance of a gradient of support in which the least intrusive approaches (defusion/distraction) are employed before more intrusive

approaches (breakaways/safe holding) are considered. All the techniques included in the training programme have been extensively risk assessed and do not use pain, locks or flexion. PBM provides a uniform response for dealing with aggressive behaviour; is tailored to meet individual need; emphasises a proactive and preventative approach for managing the presentation of challenging behaviour and focuses on ecological and antecedent intervention. The training model has a strong values base that promotes the importance of inclusion and social validity. PBM has been the subject of a series of research articles in peer-review journals and won a National Training Award in 1997.

Relevant Training Topics

- Historical development/policy background
- Introduction to challenging behaviour and positive behavioural support
- Understanding aggressive incidents
- Primary Prevention; Factors influencing User and Carer behaviour
- Secondary Prevention; The dynamics of aggressive incidents
- Individualised risk assessment
- Introduction to reactive strategies; Legal concepts
- Physical interventions; practical training
- Post-incident management
- Monitoring the use of physical interventions
- Organisational issues and good practice