Children and adults with intellectual or developmental disabilities (IDD) and/or autism who display behaviour that challenges those around them continue to be particularly vulnerable to being misunderstood and inappropriately supported, despite policy and best practice guidance. Many families of children whose behaviour challenges often remain likewise unheard and isolated.

Understanding and Responding to Behaviour that Challenges in Intellectual Disabilities (second edition) addresses the need for an up-to-date handbook which, while well-grounded in research, policy and latest practice, is essentially non-academic and accessible for those occupying many roles, including support workers and professionals, as well as students and family members.

The new edition reflects significant changes that have taken place since publication of the first edition (Challenging Behaviour and People with Learning Disabilities, 2011), in particular the values and approach of Positive Behaviour Support, which underpin this book. It draws on the renowned teaching and research contribution of the Tizard Centre, University of Kent, as well as the expertise of the Challenging Behaviour Foundation and others who have made an important contribution in the field. It meets key knowledge requirements and offers opportunities for reflection and professional development. The content is illustrated by case studies to help the reader explore how best to address issues in practice.

Contents include:

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- What is behaviour that challenges?
- How big is the problem?
- Positive behavioural support
- Legal considerations
- Listening to people using services

**Part 2: Gaining a Better Understanding**
- Assessing behaviour that challenges
- Communication and behaviour that challenges
- Conceptualising quality of life

**Part 3: Delivering Support**
- Practice
- Building a good rapport
- Getting the environment right
- Keeping people safe - reactive strategies
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