

TCI Europe

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Address:	PO Box 3959 Chesterfield S44 9AE England Therapeutic Crisis Intervention
PI System/model	
Geographical area covered	UK Republic of Ireland
Who is training for?	Children and adults with a learning disability Children and adults with autistic spectrum Pupils with special educational needs Children with additional needs that may result in socially inappropriate behaviour(s) Children with social and emotional difficulties associated with behaviours that challenge Children and young people (up to the age of 19) who are detained in semi-secure settings or who are detained under the relevant mental health legislation Families and family carers, including foster carers, those offering short breaks to children, young people and adults with learning disabilities, autism and social and emotional behaviour difficulties.
Accredited Courses	5 day TCI Train the Trainer 5 day TCI for Family Care Providers Train the Trainer 5 day TCI for Schools Train the Trainer 2 day Developmental Disabilities Trainer Update 2 day Designing `Refresher Training Update 2 day post Crisis Response Update 2 day TCI for Schools Trainer Update 1 day Life Space Interview for Proactive Aggression Update 1 day Conflict Resolution Update 1 day Safety Update 1 day Developing Professional Level Training Skills Update

- 1 day Testing, Evaluation and the Transfer of Learning Update
- 1 day Legal Concepts in the Use of Physical Restraints Update
- 1 day Trainer Support Update
- 1 day Non-Suicidal Self Injury Update
- 1 day Risk Assessment Update
- 1 day Assessing and Managing Risk Update
- 1 day Writing Incident reports Update

Teaching Philosophy

TCI follows positive behaviour support principles and is a restraint prevention system. It teaches a therapeutic approach to supporting individuals with behaviours of concern and provides staff with a range of techniques and strategies characterised by a strong emphasis on individualised proactive strategies, developing relationships and active listening.

We work closely with agencies to implement the five parts of the TCI system:

1. Leadership and management. Developing policies and procedures and a strategic overview of implementation in your agency.
2. Clinical participation. The functional analysis of the individual's behaviour and the development of clear and regularly reviewed individual crisis management plans
3. Supervision and post crisis review. Support for staff and a framework for learning from incidents
4. Training and competencies. A structure for core and refresher training involving learning from incidents and the further development of skills.
5. Documentation and critical incident monitoring. Objective oversight, feedback and governance of a restraint prevention programme.

Relevant Training Topics

- Understanding the effects of trauma on an individual
- Assessing the situation before responding. Understanding the meaning of the behaviour for the individual and responding to feelings and needs, and not just the behaviour
- Keeping calm when faced with behaviours of concern
- Prevention through addressing setting conditions
- Active listening
- Behaviour support techniques for agitated behaviour
- Emotional first aid for emotional outbursts
- Crisis co-regulation skills for aggressive and violent behaviour
- The Life Space Interview – a therapeutic teaching technique to help children learn from incidents and manage their own behaviour
- Optional physical intervention skills