

B-Inspired Training and Consultants Ltd

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PI System/model ARC – Assess Respond Care

Geographical area covered Northwest of England

Who is training for? Children and adults with learning disabilities
Children and adults with autistic spectrum conditions
Pupils with special education needs
Children with additional needs that may result in socially inappropriate behaviour(s)
Children with social and emotional difficulties associated with behaviours that challenge
Adults with learning disabilities and/or autism who are detained under the mental health legislation
Children and young people (up to the age of 19) who are detained under the mental health legislation
Families and family carers, including foster carers, those offering short breaks and support children, young people and adults with learning disabilities, autism and social emotional and behaviour difficulties

Accredited courses ARC (Assess-Respond-Care) model of PBSP theory, personal protection and safe holding training:
ARC 1 – Entry level program (3 days)
ARC 1 – Practical (personal protection) update (1 day)
ARC 1 – Theory update (1/2 day)
ARC 1 – Practical (Safe Holding) update (1/2 day)
ARC 2 – Train the Trainer level programme (6 days + pre course submission and interview plus post course assessment/observation)
ARC 2 – Train the Trainer Practical update (1 day)
ARC 2 – Train the Trainer Theory and Safe Holding update (1 day)

General Approach to Teaching Physical Interventions

Our aim is to support the learner to develop confidence and competence in their role, enabling them to empower the people they support in a positive way. We promote positive attitudes and values that are consistent with 'social inclusion' and Positive Behavioural Support Principles (PBSP). We offer learners and their employers the support and reassurance necessary to protect themselves in a safe and appropriate manner in the workplace. We encourage learners and their employers to evaluate challenging situations with consideration to ethical and legal frameworks.

Our training places a strong emphasis on Behavioural theory and the principles of 'proactive support' 'least restrictive/last resort' strategies.

Our training packages have also been endorsed by Skills for Care 2017, under the Endorsement Framework. This is a mark of quality for learning and development and is given to the best learning and development in the adult social care sector.

The framework embeds the Common Inspection Framework, National Occupational Standards for Learning and Development and the Leadership Qualities Framework.

Relevant Training Topics

Mental Capacity Act 2005
Deprivation of liberty safeguards 2009
Duty of Care
Human Rights Act 1998
Positive Behaviour Support Principles
Communication
Mental Health
Learning Disabilities
Autism
Dementia
Sensory Impairments