

homes2inspire

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PI System/model homes2inspire Safe and Sound Training Course

Geographical area covered United Kingdom

Who is training for? Staff working in residential children homes who support and care for the following young people:

- Children with a learning difficulty
- Children and young people with social and emotional difficulties associated with behaviours that challenge.
- Children with additional difficulties that may result on socially inappropriate behaviour(s).

Accredited courses

- Safe and Sound Internal Initial course (four day course)
- Safe and Sound Internal Refresher course (one day course)
- Safe and Sound Train the Trainer Internal Instructor course (ten day course)
- Safe and sound Internal Instructor Refresher course (five day course)

General Approach to Teaching Physical Interventions

We have developed our training model to provide staff employed by homes2inspire, working within the residential care setting, the opportunity to gain the skills and knowledge to further support positive behaviour and effectively manage behaviours of concern.

Our model is a young persons centred approach to care planning, understanding the reasons

behind behaviours of concern and how to use effective strategies to support young people improve their quality of life throughout their residential placement.

Our commitment to safeguarding is paramount and our approach is to ensure that the safety of the young people, staff members and the public is in line with Children's Homes Regulation 19 & 20 and the Positive relationships standard within the Quality standards.

Homes2Inspire have specific and relevant policies and procedures in relation to the Positive Behaviour Support and the use of Physical Intervention.

All of our Safe & Sound instructors are carefully selected members of homes2inspire staff who are highly trained, and undergo continual professional development in specific areas to ensure training is relevant, current and always delivered to the highest of standards.

Relevant Training Topics

In addition to medically risk assessed physical intervention techniques within the package we deliver and provide:

An understanding of behaviors of concern and person centered care planning, that focuses on the staff's understanding of behaviour displayed and what support young people can be offered to promote and improve their quality of life.

Safe and Sound uses primary and secondary measures as well as reactive strategies to prevent and minimise any use of physical intervention.

Legality and equality provides a clear understanding of the laws which permit the use of physical intervention within residential care settings and looks into diversity and equality within physical intervention and how we must act at all times to support inclusivity to protect and safeguard those involved.

Medical guidance provides an awareness of health conditions that could result in harm to a young person during or following physical intervention and the importance of monitoring these at all times.

Planning and report writing provides an understanding how to write an incident report following any incident or any form of physical intervention and give an awareness into the correct information and elements required for a report.

Ongoing reflection and assessment will be provided during theory based training.

There will be a written assessment at the end of each course.

All training adheres to the BILD Code of Practice.