

Timian Training and Development

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PI System/model Timian

Geographical area covered UK

Who is training for?

Children and adults with learning disabilities

Children and adults with autistic spectrum conditions

Pupils with Special educational needs

Children with additional needs that may result in socially inappropriate behaviour(s)

Children with social and emotional difficulties associated with behaviours that challenge

Families and family carers, including foster carers, those offering short breaks and support to children, young people and adults with learning disabilities, autism and social emotional and behaviour difficulties

Accredited courses 2-3 Day x Level 3 in challenging behaviour and physical interventions
3-4 Day x Level 4 in challenging behaviour and restrictive physical interventions
1 Day x Additional Techniques
5 Day x Train The Trainers

General Approach to Teaching Physical Interventions

Training in physical interventions includes the following core curriculum: Values; Legislation; Risk Assessment; Individual Reactive Strategies; Defusion Strategies. Course participants are encouraged and trained to consider/explore alternatives to physical interventions for everyone in their care. All physical intervention training is based on the least aversive approach. All training must be done in conjunction with the organisations policy. Courses last between 3 and 5 days. Refresher courses are also provided annually. We do NOT advocate the use of pain-based methods of control. We can now also provide blended learning with e-learning elements for our theory modules. All our training fits within the concepts of Positive Behavioural Support.

Relevant Training Topics

Defusion strategies - using low arousal approach.

Legal issues - focus on Health and Safety.

Physical Interventions - using the least intrusive procedures.

Designing Individual Reactive Strategies.

Incorporating Positive Behavioural Support

Risk Assessment - Individual assessment strategies.

Body Language and Communication

Community Care Training

Creative thinking and planning