

# North East Autism Society

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**PI System/model** Positive and Proactive Support (PPS)  
PPS “Positive, Pro-active Support” the management of behaviours of concern for children and adults living with the autism spectrum condition.  
PPS uses a gradient last resort approach with strategies to reduce and support the individual from reaching crisis point.

**Geographical area covered** UK

**Who is training for?** Internal - Staff, parents and carers  
External- Early Years, Schools, Post 16 providers, Colleges, Work Based Learning Providers, Residential Care (Children and Adults), Supported Living Providers, Local Authorities, and Health Professionals.

**Accredited courses** **Positive and Proactive Training:**

- Autism awareness. One of the key differences between autism specific services and generic services is the attention to detail in understanding and supporting a person’s autism.
- Person centred approaches. An eclectic, flexible approach utilising unique personalised resources and approaches is necessary to support the development of individual skills
- Using Positive and Proactive support to manage stress and anxiety
- Supporting effective communication. The ability to look behind what they see and hear, avoiding neuro-typical interpretations and to recognise the underlying or intended meaning of behaviour or communication.
- Collaborative working. Working with individuals and developing ‘power with’ relationships, effective strategies can be developed that enable them to contribute to and be consulted on all aspects of their lives.

### **Specialist Behaviour Support Training:**

- Positive and Proactive Support Core Theory (Legislation)
- Positive and Proactive Support Planning (Proactive and reactive Strategies)

### **Reactive Training:**

- Physical Interventions – Core Breakaways
- Restrictive Physical Interventions
- Incident Recordings
- Post Incident Management (De-briefing)
- Refresher Physical Interventions (12 months from date of original training)

**1 day theory course**

**2 day gradient approach to breakaway and escape training**

**3 day bespoke person centred physical intervention training (children/adult specific)**

**3 week PPS Trainer Course**

All courses are underpinned by 12 month re-accreditation training

## **General Approach to Teaching Physical Interventions**

North East Autism Society provides a robust and comprehensive training model to a range of external providers to enable them to support individuals with behaviours of concern. Positive and proactive Support (PPS) provides a framework that seeks to understand the context and meaning of behaviour in order to inform the development of positive and proactive strategies designed to enhance an individual's quality of life.

The philosophy supporting "Positive and Proactive Support" policy and "Behaviour Support" practices within the North East Autism Society are based on the key components of Positive Behaviour Support.

The key components and processes of the NEAS PPS approach are underpinned by PBS clear values and recognised theory consisting of a range of non-aversive techniques that supports minimum reasonable force with disengagement at the earliest opportunity without the use of locks or pain compliance.

It is strongly recognised within our practices through robust policy and procedures that behaviours of concern is a form of communication and is used to express personal thinking that the individual is unable to express in a less harmful form.

We acknowledge that Positive Proactive Support provides a framework that seeks to understand the context and meaning of behaviour, in order to inform the development of a supportive environment, and skills that can enhance a person's quality of life to reduce behaviours that concern.

Within NEAS we seek to promote and model positive behaviour and whole heartedly respect the individuals accessing our services. Staff aim to consistently promote positive behaviour and respect for the individual.

At NEAS restrictive practices are part of a 'gradient' approach which actively seek to avoid any conflict and confrontation, and are most definitely a last resort following the exhaustion of agreed strategies to prevent an individual reaching crisis point.

The training we provide is person centred to individual need and any restrictive practice will adhere to the individual's behaviour support plan.

## **Relevant Training Topics**

### **Positive and Proactive Support**

- Autism awareness
- Communication
- Person Centred Approaches
- The Physical Environment
- The interpersonal environment

### **Specialist Behaviour Support Training**

- Positive and Proactive Support Core Theory (Legislation)
- Positive and Proactive Support Planning (Proactive & reactive Strategies)

### **Reactive Training:**

- Positive Proactive support planning
- Functional assessment
- Assault cycles
- Primary Strategies, Secondary Strategies and Reactive Strategies
- PPS service development and management
- PPS Quality Assurance

We will support with robust recording systems that are designed to support and inform the decisions teams take about planned interventions.