

PBS Sussex

Sussex Partnership NHS Foundation Trust

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PI System/model PBS Sussex

Geographical area covered Sussex

Who is training for? Available to paid carers who support someone who has a learning disability and who engages in behaviour that challenges.

Accredited courses Positive Behaviour Support including;

- Understanding behaviour that challenges
- Environmental change
- Positive programming
- Early intervention (secondary prevention)
- Protective physical skills
- Restrictive and restraint physical interventions

General Approach to Teaching Physical Interventions

The physical interventions taught are risk assessed restrictive and restraint interventions within a context of functionally based reactive strategies

For those completing the entire course (including physical interventions) the requirements for paid carers will be that:

- They can produce a copy of the Physical Intervention policy that their service adheres to
- They can make a commitment to updating the participants training every year
- They have risk assessments in place regarding the behaviours of concern
- They agree to these being audited at least annually.

Relevant training topics

Positive Behaviour Support including;

- Understanding challenging behaviour
- Environmental change
- Positive programming
- Early intervention (secondary prevention)
- Protective physical skills
- Restrictive physical interventions