

Destroying the Alignment Fallacy (Part 1)

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Restrictive Practices in the Field

- Physical Management
- Mechanical Restraint
- Seclusion
- PRN's



- Time Out...
- ...

Duty of Care

- Client safety
- Staff safety
- Community Safety

Ethics

- Least restrictive method
- Reinforcement vs. punishment
- PBS is ABA
 - In support of people with challenging behavior
 - Non-linear

Scandal

- United Kingdom...
 - Winterbourne View...
- Australia...
 - Judge Carter Report... AU\$113M
- United States...
 - New York... 2,000 state run homes

...and on and on.

Resulting in Changes

- Policies and Procedures
- Rules
- Regulations
- Guidelines
- Training

... all of which may have contributed to the *Alignment Fallacy*.

The Alignment Fallacy

When challenging behaviour is at crisis levels, duty of care requires restrictive practices.

- To prevent injury to the client
- To prevent injury to staff
- To prevent injury to the public

Sources That Feed into The Alignment Fallacy

- Policies, procedures, rules, regulations, guidelines, and training:
 - Lack of explicit reference to first resort strategies to be used at most imminent need for safe resolution;
 - Lack of training requirements for first resort reactive strategies; and
 - Lack of training requirements for preventative strategies.

Some Examples

- *There must be a real possibility of harm to the person or to staff, the public or others if no action is undertaken.*

Dept. of Health, 2014, Positive and Proactive Care...

Some Examples

- *The nature of techniques used to restrict must be proportionate to the risk of harm and the seriousness of that harm.*

Dept. of Health, 2014

Some Examples

- *...use of restrictive procedures as a demonstrable last resort...where behaviours cannot be predicted.*

Dept. of Health, 2014

Some Examples

- No mention of episodic severity.
- No explicit reference to Stimulus Change or other non-aversive/non-restrictive, reactive strategies.
- No explicit reference to any first resort strategies, even by way of example.
- Training requirements for restrictive practices, but not for first resort practices.
- No training requirements for some preventative procedures.

Barriers to Breaking Away From The Alignment Fallacy

- Lack of integration of crisis management strategies/systems with basic principles of ABA

Barriers to Breaking Away From The Alignment Fallacy

- Lack of required episodic severity measures

(LaVigna & Willis, 2005)

A comparison of episodic severity vs. measures of severity over time

Target Behaviour

Baseline

With Support

Outbursts

Over Time

Frequency

10/week

2/week*

Duration

10 hours/week

4-hours/week*

Episodic Severity

Avg. Duration

1hr/episode

2hr/episode**

□□□□ Improvement

□□ □□ improvement

episodic severity vs. severity over time

Target Behaviour

Baseline

With Support

Physical Aggression

Over Time

Frequency

10/month

3/month*

of hospital trips

7/month

3/month*

Episodic Severity

% with hospital trips 70%

100%**

Improvement

No improvement

episodic severity vs. severity over time

Target Behaviour

Baseline

With Support

Property Destruction

Over Time

Frequency

10/day

3/day*

Repair costs

£280/week

£168/week*

Episodic Severity

Average cost

£4/episode

£8/episode**

Improvement

No Improvement

Barriers to Breaking Away From The Alignment Fallacy

- Non utilization of the principles and procedures of positive and negative resolution.

Resolution: A process by the the reactive presentation or withdrawal of a stimulus or event results in a decrease in the immediate probability of response continuation or escalation.

Barriers to Breaking Away From The Alignment Fallacy

- Non utilization of principle and procedure of resolution after escalation.

Resolution After Escalation: A process in which the previously presented stimulus or event is withheld resulting in a decrease in the immediate probability of response continuation or escalation.

Positive Behaviour Supports

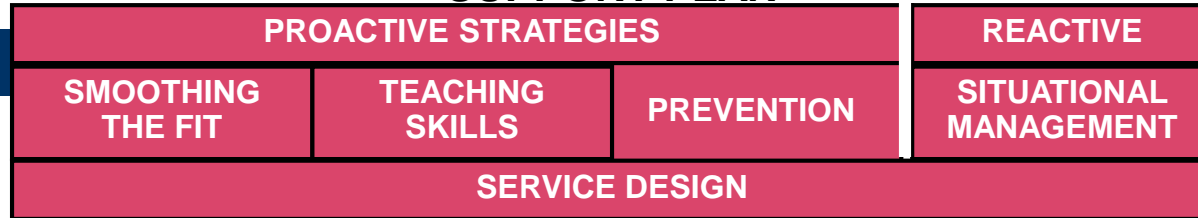
- PBS Model

A Non-Linear Model for Positive Behavioural Supports

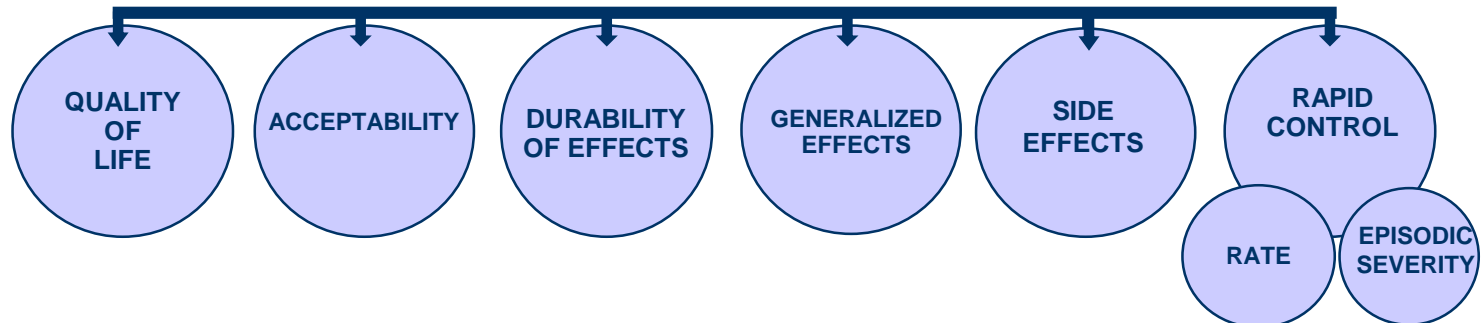
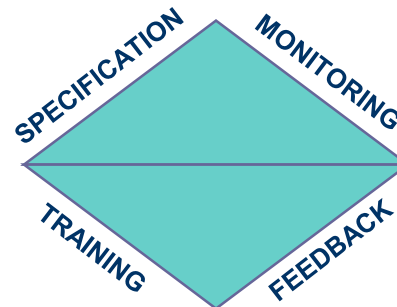
PERSON CENTERED FUNCTIONAL ASSESSMENT



SUPPORT PLAN



CONSISTENT IMPLEMENTATION



METHODS

OUTCOMES

End Part 1: To be continued.

<http://iaba.com/PSRImplementation.xls>