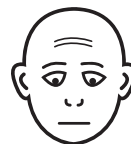


Me at Mealtimes

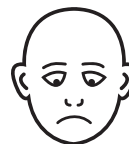
Answer the questions below and ✓ the picture that shows how you feel when eating and drinking at mealtimes...



Happy /
Feeling Fine



Don't
Know



Worried /
Having Problems

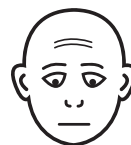
- 1 How is it going?
- 2 How does it feel to eat, drink and swallow?
- 3 Do you put too much food into your mouth?
- 4 How does your mouth, throat and chest feel?
- 5 What help do you need from staff?
- 6 What is the meal like?
- 7 What is the dining room like?

Me at Mealtimes

Answer the questions below and ✓ the picture that shows how you feel when eating and drinking at mealtimes...



Happy /
Feeling Fine



Don't
Know



Worried /
Having Problems

- 8 How do you feel about others at mealtimes?
- 9 Does your health affect you at mealtimes?
- 10 Do you get a sore mouth sometimes?
- 11 Do you sometimes say no to food and drink?
- 12 Do you ever eat on your own?
- 13 Have you ever choked on anything?
- 14 Do you ever self-harm?