The Transition to Retirement program aims to help older people with long-term disability gradually build an active and socially inclusive retirement lifestyle through volunteering and participating in mainstream community groups. The TTR manual and DVD provide implementation details for all components of the TTR program and include brief accounts of individual participant’s experiences and practical tips. Planning forms and a thorough explanation of the process of teaching a person with long-term disability to use public transport independently are also included.

... (the) guide is full of sensible advice and useful suggestions. By referring to the experience of real people, going through real transitions, spelling out the opportunities and risks, the guide shows readers what to expect.

The Hon Susan Ryan AO, Age Discrimination Commissioner, Australian Human Rights Commission

The Transition to Retirement (TTR) program has been developed in response to a genuine problem: the need for an effective approach to supporting older employees to build an active, socially inclusive lifestyle after retirement ... The TTR program emphasises social inclusion. It is consistent with the focus of the National Disability Insurance Scheme (NDIS) on building community participation and independence. It is also consistent with the National Disability Strategy’s emphasis on promoting social inclusion in mainstream community settings and service systems.

Ken Baker PhD, Chief Executive, National Disability Services

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