

# The BILD Positive Behaviour Support International Research and Practice Conference 2014

## **Defining PBS and promoting evidence based practice**

**8 - 9 May, Glasgow**



all about people

BILD's 2014 Defining PBS and promoting evidence based practice – 8 May

## Workshop 6

Core competencies in positive behaviour support

Sandy Toogood, BILD Trustee

BILD PBS Conference 2014

Defining PBS and promoting evidence based practice



all about people

# Positive Behavioural Support

Competencies workshop

Dr Sandy Toogood BCBA-D

# What's in a name?

Behaviour vs. Behavioural

# Perspective

Commissioner - Provider - Consumer

# One size fits all?

- What do we mean when we talk about severe challenging behaviour?
  - The application of general principles.
  - Focused support through assessment and intervention.
  - Intensive multi-layered and on-going support.

# Positive Behavioural Support

- Carr, E.G., Dunlap, G., Horner, R.H, Koegel, R.L., Turnbull, A.P., & Sailor, W., Anderson, J.L, Albin, R.W., Koegel, L.K., Fox. L. (2002). Positive Behaviour Support: Evolution of an applied science, *Journal of Positive Behaviour Interventions*, 4, 4–16.
- Denne, L.D., Noone, S.J., Gore, N.J., Toogood, S., Hughes, J.C., Hastings, R.P., Allen, D., Baker, P. and McGill, P. (2013) Developing a core competencies framework for positive behavioural support: issues and recommendations. *International Journal of Positive Behavioural Support*. 3, 24-31
- Gore, N.J., McGill, P., Toogood, S., Allen, D., Hughes, J.C., Baker, P., Hastings, R.P., Noone, S.J. Denne, L.D. (2013) Definition and scope for positive behavioural support. *International Journal of Positive Behavioural Support* 3, 14-23

# Carr et al. (2002) Definition of PBS

1. Applied behaviour analysis; normalisation theory, and person-centred values.
2. Comprehensive life-style change and quality of life.
3. Lifespan perspectives.
4. Ecological validity.
5. Stakeholder participation.
6. Social validity.
7. Systems change and multi-component intervention.
8. Emphasis on prevention.
9. Flexibility with respect to scientific practices.
10. Multiple theoretical perspectives.



# Gore et al. (2013) Definition of PBS

- Values:
  - Prevention and reduction of CB occurs in context of quality of life outcomes.
  - Constructional approaches develop stakeholder skills and avoid restrictive practices.
  - Experts partner stakeholders through assessment and intervention

# Gore et al. (2013) Definition of PBS

- Theory and evidence:
  - Challenging behaviour develops to serve one or more functions
  - Primary use of applied behaviour analysis for assessment, intervention and evaluation.
  - Secondary use of other evidence-based approaches.

# Gore et al. (2013) Definition of PBS

- Process:
  - Data driven to support decision making.
  - Functional assessment informs function-based intervention.
  - Multi-component intervention that is proactive and reactive.
  - Implementation over the long term

# Discussion

- How do we recognise PBS as commissioners and consumers?
- How do we demonstrate PBS as a service provider?
  - Assessment practices
  - Intervention strategies
  - Staff training and support