BILD Code of Practice for minimising the use of restrictive physical interventions: planning, developing and delivering training

This edition of the Code of Practice is a significant revision that takes into account recent policy and research developments. This revised edition reflects the shift in emphasis to positive behaviour support, minimising the use of restrictive practices and reducing the use of restrictive physical interventions.

The Code is relevant to training providers, individual trainers as well as education, health and social care organisations that purchase training on minimising the use of restrictive practices, including the use of physical skills, for the following:

- children and adults with a learning disability, including those detained in semi secure and secure settings
- children and adults with an autistic spectrum condition
- pupils with special educational needs
- children and young people with emotional and social difficulties
- families and family carers, including foster carers and those offering short breaks

The BILD Accreditation Scheme is based on this Code of Practice.

Fourth edition
ISBN 978 1 905218 32 5 (A4 size) £20.00
ISBN 978 1 905218 33 2 (A5 size) £18.00

Registered charity no. 1019663
All BILD books can be ordered online at: www.bild.org.uk

Order form
Please photocopy for use

Please send me the following:

BILD Code of Practice (4th edition) A4 size
ISBN 978 1 905218 32 5

BILD Code of Practice (4th edition) A5 size
ISBN 978 1 905218 33 2

Please add 10% postage and packing for orders, UK only, and 20% for overseas orders.

Name __________________________
Address _________________________
Postcode _________________________
Telephone ________________________
E-mail __________________________

☐ Cheque/postal order enclosed for £ ______ (payable to BILD)
☐ I authorise you to charge my Mastercard/ American Express/Access/Eurocard/Visa/ Maestro card for £ ______

Account no. _______________________
Security no. ________ (3 digits on back of card)
Expiry date ________ Issue no. _______ (Maestro users only)

Signature ________________________
Date _____________________________

☐ Please invoice my organisation

☐ Please tick if you DO NOT wish to receive other information on BILD services by post or e-mail

E-mail ttindell@bild.org.uk for a copy of the BILD publications catalogue

Please return to:
BILD Publications, BookSource, 50 Cambuslang Road, Cambuslang, Glasgow G32 8NB