

# Training 2 Care

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**PI System/model** T2C Behaviour Management Training

**Geographical area covered** UK

**Who is training for?** Residential Child Care Staff  
Teachers, Classroom Support Assistants  
Social Workers  
Foster Carers  
Any staff requiring to support young people with EBD and SEN needs.

**Accredited courses** Two Day Initial Training Course in Behaviour Management  
One Day Refresher Training in Behaviour Management

## **General Approach to Teaching Physical Interventions**

Training To Care behaviour management training has a strong values base and is underpinned by the theory of Positive Behaviour Support. There is constant emphasis on proactive person centred supports which encompass all the strands of equality and diversity, the prevention of aggression, minimization of harm and the importance of reducing the need to physically intervene

The policy actively promotes the development of a culture of openness and honesty in relation to the use of interventions and encourages reflective practice and discussion on key issues including communication, contributing factors, restrictive practices, ethical issues and duty of care.

We advocate the fundamental principle of the use of Physical Intervention as a last resort and to ensure all interventions are proportionate to the level of risk of harm to the young person or others

Our behaviour management training encompasses the key areas of 'Every Child Matters' and actively promotes the care and welfare of the young people.

The training adheres to the Law regarding the use of force and current national guidance pertaining to the use of physical interventions.

The training adheres to the BILD Code of Practice.

The training is delivered from a practical basis by utilising our experience in the Child Care and Educational sector.

Our trainers are all occupationally and operationally competent.

### **Relevant training topics**

- Definition of conflicts
- General causes of conflicts
- Responses to conflicts
- The positive aspects of conflicts
- Strategy's to manage/resolve conflicts
- Communication skills(verbal/non verbal)
- Transactional analysis
- Attitude cycle
- Reducing potential for conflict
- Problem solving
- The assault cycle
- The experiential learning cycle
- Exit strategy's

#### **Generic and Dynamic risk assessments**

- Legislation – Children's Act, ECHR, Health and Safety, Ofsted Guidelines
- Confrontational continuum
- Medical implications of Physical intervention
- Reporting procedures
- Spatial awareness
- Body language-aggression indicators
- Breakaway techniques
- Situational / Environmental awareness
- Escorting techniques (physical-non physical)
- Controlling techniques (techniques will be agreed and inline with the relevant local authority's policy's)

We are an Accredited City & Guilds Training Centre

Our Parent Company manages Residential Children's Units, an Independent Registered School and a Fostering Agency.