

# The Avenues Group

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**PI System/model** Avenues Group model

**Geographical area covered** South East England, including London

**Who is training for?** Avenues staff who work with people with complex needs, including adults with learning disabilities, adults with mental health disorders, young persons and older people

**Accredited courses** De-escalation and Defusion and Breakaway  
Train the Trainer De-escalation, Defusion and Breakaway  
Positive Behaviour Support  
Refresher Training  
Person Centred Active Support  
Autism

## **General Approach to Teaching Physical Interventions**

Training is delivered to all staff who work for the Avenues Group only. Physical interventions are taught alongside other subjects that support the individual such as Positive Behaviour Support and Person Centred Active Support. Emphasis is always to use the least restrictive physical intervention. Avenues model does not include any prone or supine holds and only uses natural movement.

## **Relevant Training Topics**

BILD Code of Practice  
Physical Interventions and the Law  
De-escalation & Defusion  
Risk Assessment  
Planned Reactive Strategies  
Non Verbal Behaviours

