

# Lancashire County Council

**Contact:** Russell Beckett or Marie Blomley  
**Tel:** 07747568266 - Russell Beckett or Marie Blomley - 07557030656  
**Fax:**  
**Email:** [Marie.Blomley@Lancashire.gov.uk](mailto:Marie.Blomley@Lancashire.gov.uk) or [Russell.Beckett@Lancashire.gov.uk](mailto:Russell.Beckett@Lancashire.gov.uk)  
**Mobile phone:** 07557030656 or 07747568226  
**Address** Marie Blomley - Hyndburn Adult Disability Day Service, Church Lane, Altham West, Accrington, BB5 4DE

Russell Beckett – Fylde Day Services, Marquis Street, Kirkham, PR4 2AU

**PI System/model** The Lancashire Model of Positive Behavioural Support  
**Geographical area covered** Lancashire  
**Who is training for?** LCC in-house Provider Services and Preferred Provider Services within Lancashire

The Lancashire Model supports individuals who challenge conventional services. This includes people with Learning Disabilities, ASD, Dual Diagnosis, Brain Injury and Older Adults with Alzheimer's and related dementias.

**Accredited courses**

- Train the Trainer
- Theoretical Module, Level 1
- Crisis Management Module, Level 2
- Practical Breakaway Techniques, Level 3
- Practical Removal and Restraint Techniques, Level 4
- Refresher Training – Theoretical Module, Level 1
- Refresher Training – Crisis Management, Level 2
- Refresher Training – Practical Breakaway Techniques, Level 3
- Refresher Training – Practical Removal and Restraint Techniques, Level 4
- Train the Trainer Annual Refresher

## General Approach to Teaching Physical Interventions

The Lancashire Model has a strong values base and is underpinned by the theory of Positive Behaviour Support. Trainers are passionate advocates of the principles of PBS and incorporate

the principles of the Model into their working practice to achieve positive outcomes for people supported and enhancing quality of life.

The Model places a constant emphasis on proactive person centred supports which encompass all the strands of equality and diversity, the prevention/reduction of behaviours that challenge, minimization of harm and the importance of reducing the need for restrictive physical interventions, within a legal and ethical framework.

The programme actively promotes the development of a culture of openness and honesty in relation to the use of interventions and encourages reflective practice and discussion on key issues including functional assessment, person centred values, communication, contributing factors, restrictive practices, ethical issues and duty of care.

We advocate the fundamental principle of the use of Physical Intervention as a last resort and to ensure all interventions are reasonable and proportionate to the level of risk of harm to the individual or others. The Model outlines a framework for supporting individuals who have challenging behaviour which reinforces proactive approaches and offers staff responsive ways to support people when faced with challenging or aggressive situations which do not involve holding and promotes methods, strategies and a multi-elemental approach to enable people to manage their own behaviour.

Participants are given clear information regarding the Law surrounding the use of Physical Interventions including up to date Departmental Guidance, legislation, informed consent and best interest assessments.

Tailored, person focused training programmes meet the training needs of staff and rigorous requirements must be met prior to training relating to health and safety, person centred behaviour support plans, functional assessment, capacity and best interests. Course organisation follows the BILD Code of Practice.

The Lancashire Model does not include any pain compliant techniques or prone holding.

### **Relevant training topics**

- Person centred approaches
- Definition and classification of challenging behaviour
- Contributing factors to behaviour
- Personal safety, physical & emotional responses
- Re-enforcement & the effects of punishment
- Proactive, Responsive and Reactive strategies
- Teamwork, communication & consistent approaches
- Planning, recording, monitoring & reviewing
- Framework of evidence and support

Ethical considerations of restrictive practices, physical interventions and the law  
De-brief