

PACT Training Services

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PI System/ Proactive and reactive strategies to prevent or manage aggressive or violent behaviour

Geographical Area Covered: UK, Europe, USA, Middle East

Populations supported by BILD PITAS accredited training:

Adults with a learning disability and/or autism who are detained under the mental health legislation for for the country in which they live

Accredited Courses:

Course Code	Duration	Course Title
PITAS/10062/1	3 day	PACT ProACTIVE and responsive strategies to prevent or manage challenging, aggressive and violent behaviour
PITAS/10062/1a	2 day	PACT ProACTIVE and responsive strategies to prevent or manage challenging, aggressive and violent behaviour

Teaching Philosophy:

The programme focuses on developing a range of skills in preventing and managing aggressive/violent behaviour, incorporating both proactive and responsive strategies with a view to reduce or eliminate the need for physical intervention to its lowest level, thus reducing the risk of injury to both individual and staff members.

All physical techniques taught are to be used as a last resort and form a small part of a **positive behaviour support plan**.

Techniques taught have been carefully selected by means of a training needs analysis and have been vigorously risk assessed to ensure the safety of all concerned by a trusted professional body.

Techniques included in this programme are In-line with organisations policies and procedures on physical intervention which are supported by legal framework that is conducive and are seen to be in the best interest of individual concerned.

Relevant Training Topics :

- Module 1—understanding behaviour
- Module 2—behaviour phases
- Module 3—positive behaviour support planning
- Module 4—de-escalation model
- Module 5—behaviours and attitudes
- Module 6—behaviour scale (reading and responding to behaviours)
- Module 7—ABC recording chart
- Module 8—Legislation on the use of physical intervention (Mental Capacity Act, Deprivation of Liberty Act, Criminal Law Act—Reasonable Force, Human Rights Act)
- Module 9—physical intervention promoting safe practice
- Module 10—reporting and reviewing
- Module 11—communication model (supporting person in crises)
- Module 12—safe approach
- Module 13—debrief model for reflection

Accredited Trainers

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PITAS/10062/001

