

NAPPI UK Ltd

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PI System/ Non-Abusive Psychological & Physical Intervention (NAPPI)

Geographical Area Covered: UK

Who Is Training For?:

NAPPI training has been delivered to over 60,000 people across the UK, predominantly in the fields of health and social care, and education.

Training achieves optimum results when delivered to employees working at all levels of an organisation, and thereby promotes consistency in understanding and approach.

Health and social care services that have received training include those supporting individuals living with autism, learning disabilities, physical disabilities, and those with needs associated with their mental health. Typically these individuals are supported by personal assistants or care teams, within nursing, residential, and a range of community environments.

Education services to have received training include mainstream schools and colleges, and special educational need environments of all sizes.

Accredited Courses:

Course Code	Duration	Course Title
PITAS/10039/1	1 day	NAPPI Level 1 course
PITAS/10039/1a	2 day	NAPPI Level 1 course
PITAS/10039/2	2 day	NAPPI Level 2 course
PITAS/10039/2a	3 day	NAPPI Level 2 course
PITAS/10039/3	4 day	NAPPI Level 3 course
PITAS/10039/4	5 day	NAPPI Train the Trainer Level 1
PITAS/10039/4a	2 day	NAPPI Train the Trainer Level 2
PITAS/10039/4b	1 day	NAPPI Train the Trainer Level 3
PITAS/10039/5	1 day	Reducing resistance to essential care
PITAS/10039/5a	3 day	Reducing resistance to essential care train the trainer course

General Approach to Teaching Physical Interventions:

Our general approach to teaching physical interventions is primarily to NOT teach physical interventions - whenever possible.

NAPPI Level 1 training focuses upon assessment, prevention, and successful de-escalation of behaviour that is identified at an earlier stage. Training follows principles of Positive Behaviour Support, emphasising how behaviour is used as a form of communication and heavily influenced by both internal and external factors. Participants have a greater empathy for individuals once these factors are understood and a greater appreciation of the depth to which Quality of Life is compromised.

Training outlines are made bespoke to identified needs of an individual or organisation. Physical intervention is only included as part of the training outline when a significant risk of behaviour (challenging to a physical level) is identified. NAPPI Level 2 and Level 3 techniques are trained, individually risk assessed, and approved for use as a last resort, and when application of the technique is considered to be in the best interest of the individual at the time.

Relevant Training Topics :

The major focus of NAPPI training is teaching employees to become influential in a positive way with their students and service users. As we clarify the distinction between control and influence, we decrease the frequency and severity of inappropriate episodes. We give employees the tools to work with an individual's internal and external motivators and to better model pro-social behaviour in their employee-service user relationships.

Our unique approach focuses on situations that are not only disruptive and dangerous, but also the most common. NAPPI skills are effective when working with inappropriate or antisocial behaviour through a focus on mental health-style interventions and situations. The training and philosophy assume that the antagonist is under enormous stress and is reacting poorly to internal and external stimuli. Training teaches employees to use interventions designed to work with their specific population to contain situations with minimal environmental disruption and lower risk of injury to employee and antagonist.

NAPPI trains several unique and easy-to-remember hands-on assessment and prevention skills. NAPPI physical techniques are based on sound physical principles, which make employees more successful in any situation. They are less likely to cause injury and disruption of the total environment. NAPPI does not teach pain compliance, which reduces injury potential, liability, and is less likely to engender a more violent reaction in the antagonist.

All techniques are designed for those serious and dangerous situations that occur when dealing with individual's who are highly stressed, disturbed or simply requesting attention through their inappropriate behaviour.

Accredited Trainers

Nappi UK



Helen Tait
PITAS/10039/001



Andy Skinner
PITAS/10039/002



Scott Edwards
PITAS/10039/003



Jason Reece-Summer
PITAS/10039/004



Emma Holt
PITAS/10039/005



Tony Differ
PITAS/10039/006



Leseli Ndlovu
PITAS/10039/007



Emily Turner
PITAS/10039/008



Tony Hart
PITAS/10039/009

