

Respect Training Solutions

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Address	Navigo Health and Social Care CIC Navigo House 3-7 Brighowgate Grimsby North East Lincolnshire DN32 0QE
PI System/model	Respect Training Solutions
Geographical area covered	UK, Ireland
Who is training for?	Context specific courses are designed for staff employed in public, private or voluntary organisations providing community, education, health and social care services.
Accredited courses	1 Day Introductory Course. 2 Day Foundation Course. 4 Day Foundation Plus Course 5 Day Instructor Course 7 Day Instructor Specialist 1 Day Annual Update 3 Day Respect Assistant.

General Approach to Teaching Physical Interventions

RESPECT training is aimed at producing the safest, most effective and ethical solutions to preventing and managing behaviours that challenge. It has been designed with service user consultation and approved by service user / carer groups. In fact, the name 'Respect' came from the service user group in Grimsby.

The training is person-centred and based around positive behaviour support with a primary focus on preventative approaches that help staff empower and enable the individual.

The purpose of the training is to put support, rather than control at the core of our syllabus ensuring that the least restrictive options are used. The physical elements of our training have been biomechanically risk assessed to ensure no pain or panic.

RESPECT Training is managed by a Standards Committee of Senior Professional Leads who are specialists in the fields of Education, Health and Social Care. As a commissioner of RESPECT Training, your organisation will have access to this network of experts.

Relevant training topics

The list of relevant training topics covers subjects over a range of accredited courses. Not all of the subjects are taught on all courses. Our training is designed to ensure that it is bespoke to the needs of your organisation. We will therefore request prior information to ensure that we can design the right training package for you. We can also include specific service user information and case studies based on a behaviour audit.

- Effective communication for your client group -Transactional Analysis (Eric Berne), LEAPS, attitude and behaviour cycle, communication and learning disabilities
- Pro-active (baseline) interventions
- Active (escalation) interventions, for example calming and de-escalation, triggers – personal and environmental conditions
- Assault Cycle (Kaplan and Wheeler)
- S.R.V (Social Role Valorisation)
- Physical intervention and release techniques
- Positional Asphyxia, personal space and relevant health and safety considerations for physical elements
- Relevant Legislation and Guidance e.g. Reasonable Force, BILD Code of Practice, D.O.H (Department of Health) and N.I.C.E (National Institute of Clinical Excellence)
- Principles of Person Centred Care
- Awareness of Self, Emotional Intelligence and Neuro Linguistic Programming
- Risk assessment and record keeping
- Lone workers (safety in community)
- Service user perspective and building positive appropriate relationships
- Incident reporting and post-incident management
- Aggressive resistance (Stokes 2004)
- Self Harm and Suicide
- Safeguarding Adults and Children

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