

bild



Restraint Reduction Network

5 to 6 March 2018

Birmingham Conference and Events Centre



The BILD 2018 Restraint Reduction Conference

Minimising inequalities in reducing restrictive practice

Book your place now
www.bild.org.uk/r rn2018

The BILD 2018

Restraint Reduction Conference

The Restraint Reduction Network is a community of practice which brings together committed organisations, practitioners and researchers who have a common aim. The network has an ambitious vision to deliver restraint-free care and support and make a real difference in the lives of people who rely on others for care and support.

This is the first Restraint Reduction Network Conference to be hosted by BILD, and the theme is minimising inequalities in reducing restrictive practice. This event will bring together commissioners, service providers, regulators, and campaign bodies, and will provide a stimulating space for delegates to debate the issues facing the health, social care and education sectors.

The network supports good practice sharing and collaborative working, this conference is CPD certified and is an opportunity to work with expert practitioners and contribute to the ongoing debate. The content is relevant to anyone working in the education, health or social care sector who wishes to share good practice.

NEW - Leadership Awards

We are pleased to announce the introduction of the Restraint Reduction Leadership Awards.

More information will be available on our website in January 2018
www.bild.org.uk/rn2018

Submit a poster abstract

We have an exciting programme of high-profile experts and high quality learning opportunities at this year's Restraint Reduction Network conference. To complement this we are inviting practitioners and researchers to submit an application to present a poster at this event.

Posters will be presented on 5 March and will be an opportunity for the RR community to share and celebrate success and innovation. There will be two categories - Good practice and Research/evaluation. To find out more, visit www.bild.org.uk/rn2018

Programme Day 1: Monday 5 March 2018

9.45 Welcome and introductions

Chair: Kevin McKenna

9.55 Conference opening

Kevin McKenna, Dundalk Institute of Technology, Ireland

10.05 Calums story: from Dundee to Geneva, From mother to CEO, BILD award winner and government advisor

Beth Morrison, parent and CEO Positive and Active Behaviour Support Scotland (PABSS), Scotland

10.15 The regulatory approach to the use of restraint in hospital settings

Dr Theresa Joyce, Care Quality Commission, UK

10.45 Minimising inequalities

Prof Joy Duxbury, University of Central Lancashire, UK

11.30 Refreshments

12.00 Choice of Workshops 1 to 6

1.15 Lunch

2.15 Women and girls: why gender matters in restrictive practice

Katherine Sacks Jones, Agenda, UK

3.00 Choice of Workshops 1 to 6

4.15 Maximising person-centred care and minimising restraints in services for older people.

Speaker TBC

5.00 Summary of the day and close

6.30 Evening reception to include poster session, Leadership Awards and dinner

Choice of Workshops 1 to 6 (12.00)

- 1 Partnering with service user/consumers to reduce restrictive practices**
Prof Bridget Hamilton, Centre for Psychiatric Nursing, Australia
- 2 Supporting restraint reduction through debriefing**
Dr Brodie Paterson, CALM Training Ltd, Scotland
- 3 Reducing the use of restraint in schools and children's homes through PBS – a story of success**
Richard Wilkins, Witherslack Group and Tom Evans, BILD CAPBS Development Manager
- 4 De-escalation techniques structured around a model of behaviour change that focuses on capabilities, motivation and opportunity**
Dr Owen Price, The University of Manchester, UK
- 5 Reducing the use of long term segregation using the HOPE(S) Clinical Model of Care**
Danny Angus, Mersey Care NHS Trust, UK
- 6 Holding children still for clinical procedures**
Dr Lucy Bray and Jill Snodin, Edgehill University, UK

Choice of Workshops 1 to 6 (3.00)

- 1 Towards safer services – national minimum standards for restrictive intervention reduction plan**
Gail Kay, North East Quality Observatory and Guy Cross, Care Quality Commission
- 2 Working alongside families to reduce restraint**
Beth Morrison, parent and CEO Positive and Active Behaviour Support Scotland (PABSS), Scotland
- 3 Organisational structures and process that increase the frequency of high-risk behaviour and interventions**
Michael Nunno, Cornell University, USA
- 4 Towards safer CAMHS – developing national minimum standards**
Andy Johnston, Independent Consultant, Mental Health Services, UK
- 5 Minimising inequality – putting the MCA to good use**
Deborah Reading, BILD PITAS Lead Assessor and Consultant
- 6 De-escalating violence: a model for working with individual complexity**
Prof Andy Lovell, University of Chester, UK

Programme Day 2: Tuesday 6 March 2018

9.00 Welcome and introductions

Chair: Prof Joy Duxbury

9.05 Expert by experience: the journey

Rafik Hamaiza and Rosalyn Mloyi,
Cygnet Healthcare, UK

9.15 Reducing restrictive practices in NHS commissioned services

Hazel Watson, NHS England

9.45 What are the active preventive components of sensory rooms in psychiatric care?

Anna Bjorkdal, Karolinska Institute,
Sweden

10.30 Refreshments

11.00 Choice of Workshops 1 to 6

12.15 Lunch

1.15 Are you sustaining your progress in restraint reduction?

Michael Nunno, Cornell University, USA

2.00 Choice of Workshops 1 to 6

3.15 What is hard about hearing people's lived experience of restrictive practices?

Prof Bridget Hamilton, Centre for
Psychiatric Nursing, Australia

4.00 Summary of the conference

4.15 Close

Exhibition opportunity

During the conference there will be the opportunity for organisations to have an exhibition stand. Price for a stand is £995.00 + VAT and will include two conference delegate places.

For more information on how to book a stand please email: learning@bild.org.uk or telephone 0121 415 6970.

Choice of Workshops 1 to 6 (11.00)

1 Accreditation? Developing the future Codes of Practice to support restraint reduction
James Ridley, Edgehill University and BILD PITAS
Lead Assessor

2 Supporting restraint reduction through debriefing
Dr Brodie Paterson, CALM Training Ltd, Scotland

3 Reducing the use of restraint in schools and children's homes through PBS – a story of success
Richard Wilkins, Witherslack Group and Tom Evans,
BILD CAPBS Development Manager

4 Towards safer CAMHS – developing national minimum standards
Andy Johnston, Independent Consultant,
Mental Health Services, UK

5 De-escalation techniques structured around a model of behaviour change that focuses on capabilities, motivation and opportunity
Dr Owen Price, The University of Manchester, UK

6 Reducing the use of long term segregation using the HOPE(S) Clinical Model of Care
Danny Angus, Mersey Care NHS Trust, UK

Choice of Workshops 1 to 6 (2.00)

1 Sensory rooms: an interactive discussion on state of the art implementation and sustainability strategies
Anna Bjorkdal, Karolinska Institute, Sweden

2 De-escalating violence: a model for working with individual complexity
Prof Andy Lovell, University of Chester, UK

3 Holding children still for clinical procedures
Dr Lucy Bray and Jill Snodin, Edgehill University, UK

4 Coproduction and RRP: the key to reducing restrictive practice
Rafik Hamaiza and Rosalyn Mloyi, Cygnet
Healthcare, UK

5 Optimising incident data to inform and evaluate strategies and outcomes
Peter Curtis, Ellern Mede, UK

6 Restrictive practices, auditing lives
Tom Evans and Sarah Leitch, BILD Development
Managers

Booking form

Delegates can book online at www.bild.org.uk/rrn2018 or you can complete this booking form and send to:

Learning Services Team, BILD
Birmingham Research Park, 97 Vincent Drive,
Edgbaston, Birmingham B15 2SQ

Your details

Title (Mr/Mrs/Miss/Dr/Prof)

First name

Surname

Job title

Organisation

Address (for correspondence)

Tel no

Delegate email

Additional needs (including dietary/access/communication)

Please debit my credit card
 Mastercard Visa Visa debit Maestro

Card no

Security no (last three digits on back of card)

Expiry date

I enclose a cheque made payable to BILD

Please invoice
Please include invoice address if different from above

How did you hear about this event?

Direct mail Word of mouth Website

Can we use your details to send you other information about BILD events and services

Yes No

Workshops

Choose your workshops and add the number below:

Day 1 Morning: Afternoon:

Day 2 Morning: Afternoon:

Delegate fees

All prices are subject to VAT.

To claim BILD member discounts, please enter your membership number below:

	Fee	TOTAL £
Two day conference attendance		
BILD members	£295 <input type="checkbox"/>	<input type="text"/>
Non members	£325 <input type="checkbox"/>	<input type="text"/>
One day conference attendance		
Monday 5 March	£195 <input type="checkbox"/>	<input type="text"/>
Tuesday 6 March	<input type="checkbox"/>	<input type="text"/>
Optional dinner (night of 5 March 2018)	£30 <input type="checkbox"/>	<input type="text"/>
Grand total plus VAT*		£ <input type="text"/>

*rate as applicable at time of booking

★ Early bird offer ★

Book for two days by 31 January 2018 and get 10% discount. Discount does not apply to day delegate price.

SAVE
10%

Group booking discount

Book five delegate places from the same organisation and pay for four places.

Other currency payments

If you wish to pay in a currency other than GBP, the exchange rate will be calculated on the transaction date. Please contact us for details.

Accommodation

Delegates will need to book their own accommodation, we have negotiated a special conference rate at the Holiday Inn hotel for Monday 5 March. Contact the hotel via www.hibirmingham.co.uk or **0121 634 6200** to book a room, and quote the group code B17.

Cancellations

Cancellations must be made in writing and the following charges will apply:

1 month prior	£25.00
1 month – 1 week prior	Half fee
1 week or less	Full fee

The cancellation charge will be enforced but we are happy to accept substitute delegates

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Restraint Reduction Network

The BILD 2018 Restraint
Reduction Conference

5 to 6 March 2018

The Venue

Birmingham Conference and Events Centre
Hill Street
Birmingham
B5 4EW

Tel: 0121 634 6211

The BCEC and adjoining Holiday Inn located in the heart of Birmingham City Centre, just minutes' walk from New Street Station, with easy access by car and bus and motorway network and Birmingham International Airport.

