



Minimising inequalities in
reducing restrictive practice

5-6 March 2018

Recognising achievement in making change happen in people's lives through restraint reduction

The Restraint Reduction Network Leadership Awards 2018

The Restraint Reduction Leadership Awards recognise good practice and contributions to the development of minimising the use of restraint in the lives of people who rely on others for care and support. The Awards aim to contribute to improving practice by recognising work of quality and quality of contribution over time.

The Restraint Reduction Network Awards will be presented during the conference and are a celebration of the best in reducing restrictive practices, both in the UK and internationally.

The 2018 Leadership Awards – excellent practice deserves national recognition

This year we would like to recognise outstanding contributions in the field of restraint reduction. If you know someone who has shown exceptional leadership that has directly improved the quality of life for the people they support or made significant changes to practice, you could nominate them or encourage them to nominate themselves.

Leadership nominations can be self-nominations or third party. The deadline for nominations for the 2018 Awards is **Monday 19 February 2018**.



Award categories

We are inviting nominations in two categories:

Category 1 – Innovative practice

We would like to hear how the nominee has inspired others to support successful reduction of restraint or other restrictive practices through innovative and creative methods. This could have resulted in a significant reduction for an individual person or reduction at a service or organisational level. We would like to hear about any barriers they came across and how they worked around them. Please provide supporting evidence of the reduction and the impact it has made.

Category 2 – Inclusive practice

This award is for people who have found a particularly inclusive way of reducing the use of restraints. The nominee may have worked closely alongside the person themselves and their family to reduce restraint use or developed person centred and inclusive systems and strategies that really support consumer involvement.

Submissions for Award Categories 1 and 2

Submissions can be accepted from individuals or teams of people who can demonstrate exceptional practice that has been evaluated and had a positive impact in improving the quality of life for adults, children and young people.

The submission should include:

- A lead contact name
- The full names of all nominees and job titles
- Organisational details
- Email, telephone, and postal address contact details
- Title of the submission and category



The nomination should be no more than 500 words and should clearly describe the supporting evidence for the nomination.

Notification and awarding

The successful shortlisted nominees will be informed in writing via email by **Friday 23 February 2018**. The award will be made at the Restraint Reduction Network Conference dinner.

Rules

Applications are welcome from individuals working within organisations based within the UK and Ireland.

All shortlisted nominees will be expected to register at the conference and present a poster during the poster session on **Monday 5 March 2018**.

All shortlisted nominees will be entitled to a free conference dinner for up to two people, fees for conference registration will need to be covered by the nominee or their organisation or sponsor.

The decision of the awards committee will be final.

Submissions and closing date

All submissions must be sent by email to: **I.howells@bild.org.uk** and they must be received by **9.00am, Monday 19 February 2018**.