

## The BILD PI Training Accreditation Scheme

The BILD PI Training Accreditation Scheme provides external scrutiny of training providers (in an otherwise unregulated industry). The scheme focuses on universal elements of crisis management and supporting distressed people, and currently accredits 40 training programmes. Training around the use of Restrictive Physical Interventions must be within a framework which underpins the reduction in the use of PI.



The Scheme is an evidence based process of external validation of the quality of physical intervention training programmes delivered to the health, social care and education sectors.

*(Pictured left, BILD PITAS Panel members assess the training curriculum of an applicant organisation).*

The fundamental process of accreditation is the provision of evidence that the applicant training organisation's curriculum and trainers comply with all of the criteria set out in the BILD Code of

Practice (2014). It does not in any way endorse the techniques but focuses on the robustness of the entire package of training. Above all, the focus is on ensuring that there is an ethical focus to training which is supported by evidence based practice and values based approaches.

BILD accredited training programmes, and trainers are required to promote:

- Rights based approaches
- An understanding that a person's behaviour has a purpose and a function
- A balance of proactive and preventive approaches to reduce reliance on restrictive practices, as well as reactive strategies and de-escalation techniques
- Person-centred, individualised plans
- The use of data to minimise the use of physical intervention over time and to support a learning approach
- Supportive teamwork when working with behaviours of concern

- The importance of reflective practice, debrief and review for all concerned
- The importance of an approach which is bespoke, and is informed by a comprehensive understanding of the rationale for the inclusion of restrictive physical intervention.

BILD operates the PITAS accreditation scheme, which is a voluntary scheme; statutory regulation of services continues to be the responsibility of CQC or Ofsted respectively. If there was a concern over the training, BILD would address and if necessary suspend accreditation. If there is a concern over practice by a service provider, this is the role of CQC and Ofsted.



*(Pictured left, a BILD PITAS assessor observes a workplace training session run by an applicant organisation).*

Adult health and social care commissioners, and learning disability and autism service providers may identify that the BILD PI Training Accreditation Scheme is a requirement when commissioning services, and increasingly, children's services are requesting compliance with the Scheme also.

BILD are preparing to pilot the BILD PI Training Accreditation Scheme overseas, and in mental health services, covering the areas of acute, forensic, and low and medium secure services under the guidance of a steering group which includes representation from the Royal College of Psychiatrists, Royal College of Nursing, the British Psychological Society, the Care Quality Commission, and the Department of Health, as well as leading academic's in health and social care provision.

For further information about the scheme, please contact Liz Howells on 0121 415 6970 or email [l.howells@bild.org.uk](mailto:l.howells@bild.org.uk)

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