Approach Training Ltd

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PI System/model	Approach Training Ltd – based on understanding and working with natural movement of the body
Geographical area covered	Uk, Europe
Who is training for?	Staff working with service users (children, young people and adults) in a wide range of settings, including; • Education • Social services • Health • Private sector Staff and foster careers working with service users with a wide range of needs, including; • Autistic Spectrum Disorder • Severe learning disabilities • Moderate learning disabilities • Behavioral, Emotional, and Social Difficulties • Mental Health issues • Mainstream and Special Schools • Private and public sector • Challenging Behaviour
Accredited courses	• 1-day Breakaway course • 2-day Team Support and Breakaway course • 8-day Instructors' Train the Trainer course

General Approach to Teaching Physical Interventions

Approach Training Limited offers a system based on understanding and working with natural movement of the body. Approach Training promotes a non-confrontational, pro-active and preventative approach to managing challenging behaviour. Risk assessment underpins individual management/support plans and interventions, and support is available in developing these within services. PI is only used as a last resort, gradual and graded interventions, skills

and de-escalating and diffusion taught, legal and ethical issues, legalisation and guidance covered, **not** based on pain compliance but giving control back at the earliest safe opportunity through involving the service user in the process and as part of the team. Training builds staff/carer confidence and encourages the development and maintenance of positive staff: service user relationships.

Delivered by trainers with significant experience in the field and with expertise and proven skills in the management of challenging behaviour.
Training delivered through group theory activities and practical activities, with sufficient time to practice and develop and understand new skills.
Legal defensibility is underpinned throughout the courses and the training meets the requirements of Health and Safety at Work regulations. Techniques are risk assessed and course materials are regularly updated to reflect best practice and new legalisation and guidance .
Specific additional support to organisations is available from the Course Director, e.g. managing extremely challenging behaviour, developing protocols for individual service users, attendance at mulit-disciplinary team meetings.

Relevant Training Topics

- Legal and ethical
- Prevention – primary and secondary, de-escalation and defusion
- Understanding aggression and violence
- Staff behaviour – what presses your buttons?
- Personal safety
- Legalisation and guidance
- Health and safety
- Good practice
- Underpinning values and attitudes
- Understanding natural movement
- Team work
- Risk assessment
- Staff support
- Transport and passenger assistant training

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